

# Counseling and Applied Psychological Science, BS

LSCAPSBS


Learn foundational theories, research methods and basic counseling skills to help people from diverse backgrounds cope with life's challenges. You'll be prepared for graduate study in behavioral health fields such as counseling psychology.

## Program description

Counseling and applied psychological science is a specialty in promoting psychological well-being. Counselors and applied psychologists provide the tools and resources necessary for individuals, families and organizations to cope with everyday problems.

The Bachelor of Science program in counseling and applied psychological science provides foundational training in counseling theories, addictions, trauma, lifespan development, group counseling and professional ethics. A distinct aspect of the program is its attention to cultural diversity, focusing on age, gender, race, ethnicity, sexual orientation, religion and socioeconomic status. As part of the program, students participate in a hands-on internship in which they shadow a licensed therapist and apply counseling theory.

## At a glance

- **College/school:** [College of Integrative Sciences and Arts](#)
- **Location:** [Polytechnic](#) or [Online, ASU Local](#)
- **Second language requirement:** No
- **STEM-OPT extension eligible:** No
- **First required math course:** MAT 119 - Finite Mathematics or MAT 170 Precalculus
- **Math intensity:** Moderate 

## Curriculum

[View 2025 - 2026 curriculum](#)

[View curriculum archives](#)

## Concurrent program options

Students pursuing concurrent degrees (also known as a “double major”) earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent

degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

## Admission requirements

### General university admission requirements:

All students are required to meet general university admission requirements.

[First-year](#) | [Transfer](#) | [International](#) | [Readmission](#)

## Tuition information

When it comes to paying for higher education, everyone's situation is different. Students can learn about [ASU tuition and financial aid](#) options to find out which will work best for them.

## Change of Major requirements

A current ASU student has no additional requirements for changing majors.

Students should visit the [Change of Major form](#) for information about how to change a major to this program.

## Attend online

### ASU Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may [view the program's ASU Online page](#) for program descriptions and to request more information.

### ASU Local

It is now possible to earn an ASU degree with [ASU Local](#), an integrated college experience in which students take advantage of in-person success coaching and programming experiences on site while completing one of 130+ undergraduate online degree programs, all of which come with online faculty interaction and tutoring support.

## Transfer options

ASU is committed to helping students thrive by offering tools that allow personalization of the transfer path to ASU. Students may use [MyPath2ASU®](#) to outline a list of recommended courses to take prior to transfer.

ASU has [transfer partnerships](#) in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools and resources, and they help students save time and money in their college journey.

## Global opportunities

### Global experience

To make a positive impact in the lives of others, students must understand the diverse set of experiences, backgrounds and cultures that shape the people with whom they wish to work. When studying abroad, students gain firsthand experience of a wide variety of cultures and communities. [Global Education programs](#) provide students with a distinct global perspective, enabling them to impact the world.

## Career opportunities

Graduates with a degree in counseling and applied psychological sciences are prepared for careers in various settings:

- community centers
- government (sales and marketing, human resources management)
- mental health professions (youth counselor, substance abuse counselor, behavioral health technician)
- schools and colleges (school psychologist, educator, professor)
- social services (high school psychology teacher, occupational analyst)
- substance abuse treatment clinics

Graduates may qualify for employment in behavioral health care delivery settings such as community agencies, hospitals and rehabilitation centers to support counselors and other mental health professionals. They are prepared for a variety of positions, such as vocational rehabilitation assistant, human service worker and life skills instructor. The Bureau of Labor Statistics shows a projected job growth of 19% (2023 to 2033) for substance abuse, behavioral disorder and mental health counselors - -- much faster than average.

Graduates of this program are not license eligible as professional counselors but are well prepared with an excellent foundation to enter graduate degree programs in disciplines such as counselor education, counseling psychology, clinical psychology, social work and family studies, counseling and related fields.

Example job titles and salaries listed below are not necessarily entry level, and students should take into consideration how years of experience and geographical location may affect pay scales. Some jobs also may require advanced degrees, certifications or state-specific licensure.

Career	*Growth	*Median salary
<a href="#"><u>Addictions Counselor</u></a> 🌟	18.4%	\$49,710
<a href="#"><u>Counselor (General)</u></a> 🌟	17.2%	\$43,390
<a href="#"><u>Guidance Counselor</u></a> 🌟	5.4%	\$60,140
<a href="#"><u>Marriage and Family Therapist (MFT)</u></a> 🌟	14.9%	\$56,570
<a href="#"><u>Mental Health Counselor</u></a> 🌟	18.4%	\$49,710
<a href="#"><u>Psychology Professor</u></a> 🌟	5.2%	\$78,810

<b><u>Rehabilitation Counselor</u></b>	1.9%	\$39,990
<b><u>School Psychologist</u></b>	1.3%	\$81,500
<b><u>Social Services Director</u></b> ☀	9.1%	\$74,240
<b><u>Social Worker</u></b> ☀	5.3%	\$50,820

\* Data obtained from the Occupational Information Network (O\*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

☀ Bright Outlook

## Contact information

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