

Integrative Health, BS

NUIHLTBS


The integrative health program will equip you to be a champion of optimal holistic care. By drawing on global treatments from traditional, conventional and complementary medicines, you'll be prepared to advocate for the best holistic care for a patient's optimal health and wellness.

Program description

Patients come in all shapes and sizes, and so should the care they receive. There are many aspects of health and wellness, including the mind, body and spirit. One is not separate from another, but pieces of what make up the whole person. Integrative health focuses on a patient's well-being from a holistic perspective, applying both conventional and natural healing approaches as a collaborative model of care. A variety of health practices --- such as traditional Chinese medicine, herbal supplementation, physical medicine and acupuncture --- are explored to create a comprehensive, patient-centered approach for health and wellness.

Through innovative and interprofessional approaches in supporting diverse populations, students learn to differentiate the ethical, legal and practice standards of integrative health practitioners. Coursework and experiences include an emphasis on evidence-based practices and gaining an understanding of the historical and cultural foundations of the integrative health field.

At a glance

- **College/School:** [Edson College of Nursing and Health Innovation](#)
- **Location:** [Downtown Phoenix](#), [West Valley](#) or [Online, ASU Local](#)
- **Second language requirement:** No
- **First required math course:** First math varies depending on the track chosen.
- **Math intensity:** General 

Required courses (Major Map)

[2024 - 2025 Major Map \(on-campus\)](#)

[Major Map \(Archives\)](#)

Concurrent program options

Students pursuing concurrent degrees (also known as a "double major") earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

Accelerated program options

This program allows students to obtain both a bachelor's and master's degree in as little as five years. It is offered as an [accelerated bachelor's plus master's degree](#) with:

[Aging, MS](#)

[Healthcare Innovation, MHI](#)

Acceptance to the graduate program requires a separate application. Students typically receive approval to pursue the accelerated master's during the junior year of their bachelor's degree program. Interested students can learn about eligibility requirements and [how to apply](#).

Admission requirements

General university admission requirements:

All students are required to meet general university admission requirements.

[First-year](#) | [Transfer](#) | [International](#) | [Readmission](#)

Tuition information

When it comes to paying for higher education, everyone's situation is different. Students can learn about [ASU tuition and financial aid](#) options to find out which will work best for them.

Change of Major Requirements

A current ASU student has no additional requirements for changing majors.

Students should visit the [Change of Major form](#) for information about how to change a major to this program.

Attend online

ASU Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may [view the program's ASU Online page](#) for program descriptions and to request more information.

ASU Local

It is now possible to earn an ASU degree with [ASU Local](#), an integrated college experience in which students take advantage of in-person success coaching and programming experiences on site while completing one of 130+ undergraduate online degree programs, all of which come with online faculty interaction and tutoring support.

Transfer options

ASU is committed to helping students thrive by offering tools that allow personalization of the transfer path to ASU. Students may use [MyPath2ASU®](#) to outline a list of recommended courses to take prior to transfer.

ASU has [transfer partnerships](#) in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools and resources, and they help students save time and money in their college journey.

Global opportunities

Global experience

Through [study abroad](#), students majoring in integrative health are able to expand their knowledge of different therapies used in a variety of cultures and observe standards of practice across the globe.

With more than 300 programs available, students can tailor their experience to their unique interests and skill sets. The valuable heightened cultural competency, leadership, and critical thinking skills they acquire will enhance their resumes and be applicable to any career choice.

Career opportunities

This degree program includes foundational coursework to prepare students for graduate study in the areas of osteopathic medicine, chiropractic care, naturopathic medicine, physician assistant training, physical therapy and more.

Graduates may be self-employed or employed in hospitals, clinics, doctor offices, companies, and holistic centers. Graduates may go on to pursue positions such as:

- chiropractic doctor
- health coach
- health educator
- health program manager
- health services administrator
- naturopathic doctor
- osteopathic doctor
- physician assistant
- wellness consultant
- wellness director

Example job titles and salaries listed below are not necessarily entry level, and students should take into consideration how years of experience and geographical location may affect pay scales. Some jobs also may require advanced degrees, certifications or state-specific licensure.

Career	*Growth	*Median salary
<u>Chiropractor</u> ☀	8.8%	\$75,380
<u>Family Practice Medical Doctor (FP MD)</u>	3.7%	\$211,300
<u>Health Care Support Worker (General)</u> ☀	5.7%	\$40,420
<u>Medical Doctor (MD)</u>	2.5%	\$214,460
<u>Medical and Health Services Manager</u> ☀	28.4%	\$104,830
<u>Naturopathic Doctor</u>	2.0%	\$106,230
<u>Occupational Therapist (OT)</u> ☀	11.5%	\$93,180
<u>Patient Advocate</u> ☀	6.6%	\$44,990
<u>Physical Therapist (PT)</u> ☀	15.1%	\$97,720
<u>Physician Assistant (PA)</u> ☀	26.5%	\$126,010
<u>Sports Medicine Doctor</u>	3.0%	\$223,410

* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

☀ Bright Outlook

Contact information

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