Integrative Health, BS

You know that health care shouldn't be one size fits all. Learn to custom fit a health care plan that addresses your patients' unique backgrounds and safely and ethically meets their personal needs.

Program Description

The BS program in integrative health provides students with a foundation in integrative health, a holistic approach to wellness that focuses on the mind, body and spirit. By drawing on treatments from traditional, conventional and complementary medicines, students advocate for the best care for every patient.

Through innovative and interprofessional approaches to serving and supporting diverse populations, students learn to understand and differentiate the ethics, legalities and standards of practice of integrative health and to think critically about different therapies, modalities and practitioners. Coursework and experiences include an emphasis on research and evidence-based practices and gaining an understanding of the historical and cultural foundations of the integrative health field.

This degree program has the same prerequisites as the nursing major; therefore, students may transition seamlessly to this program and obtain a bachelor's degree in a health-related field.

At a Glance

- **College/School:** [Edson College of Nursing and Health Innovation](#)
- **Location:** [Downtown Phoenix campus](#), [West campus](#) or [Online, ASU Local](#)
- **Additional Program Fee:** Yes
- **Second Language Requirement:** No
- **First Required Math Course:** Any math course that meets the MA designation.
- **Math Intensity:** General
Required Courses (Major Map)

2022 - 2023 Major Map (On-campus)
Major Map (Archives)

Concurrent Program Options

Students pursuing concurrent degrees (also known as a double major) earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

Accelerated Program Options

This program allows students to obtain both a bachelor's and master's degree in as little as five years. It is offered as an accelerated bachelor's and master's degree with:

Aging, MS
Healthcare Innovation, MHI

Acceptance to the graduate program requires a separate application. During their junior year, eligible students are advised by their academic departments to apply.

Admission Requirements

General University Admission Requirements:
All students are required to meet general university admission requirements.
Freshman | Transfer | International | Readmission

Change of Major Requirements

A current ASU student has no additional requirements for changing majors.

Students should refer to https://changemajor.apps.asu.edu for information about how to change a major to this program.

Attend Online

ASU Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program description and request more information here.
It is now possible to earn an ASU degree with ASU Local, an integrated college experience in which students take advantage of in-person success coaching and programming experiences on site while completing one of 130+ undergraduate online degree programs, all of which come with online faculty interaction and tutoring support. Those interested may learn more about ASU Local here.

**Transfer Options**

ASU is committed to helping students thrive by offering tools that allow personalization of the transfer path to ASU. Students may use MyPath2ASU™ to outline a list of recommended courses to take prior to transfer.

ASU has transfer partnerships in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools and resources, and they help students save time and money in their college journey. Students may learn more about these programs by visiting the admission site: [https://admission.asu.edu/transfer/MyPath2ASU](https://admission.asu.edu/transfer/MyPath2ASU).

**Global Opportunities**

**Global Experience**

Students gain valuable experience when studying abroad, experience that will enhance their resumes. With over 250 programs available, study abroad allows students to tailor their experience to their unique interests and skill sets. Students majoring in integrative health are able to expand their knowledge of different therapies used in a variety of cultures and observe standards of practice across the globe. Students stand out in a competitive field with the heightened cultural competency, leadership and critical thinking skills they acquired through study abroad. [https://goglobal.asu.edu/](https://goglobal.asu.edu/)

**Career Opportunities**

Graduates are qualified for a career as a patient representative for integrative health, which involves assisting patients in obtaining services and in understanding policies, and in making health care decisions regarding integrative health.

Graduates may be employed in hospitals, doctor offices, wellness and fitness centers, as well as holistic centers. Program graduates may obtain employment as:

- health educators
- health services administrators
- health specialists
- office managers
- program managers
- project directors
Career examples include but are not limited to those shown in the following list. Advanced degrees or certifications may be required for academic or clinical positions.

<table>
<thead>
<tr>
<th>Career</th>
<th>*Growth</th>
<th>*Median Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocate</td>
<td>16.8%</td>
<td>$35,960</td>
</tr>
<tr>
<td>Health Care Support Worker (General)</td>
<td>6.9%</td>
<td>$39,530</td>
</tr>
<tr>
<td>Health Technician (General)</td>
<td>not available</td>
<td></td>
</tr>
<tr>
<td>Healthcare Professor</td>
<td>20.5%</td>
<td>$99,090</td>
</tr>
<tr>
<td>Medical and Health Services Manager</td>
<td>31.5%</td>
<td>$104,280</td>
</tr>
<tr>
<td>Naturopathic Doctor</td>
<td>not available</td>
<td></td>
</tr>
<tr>
<td>Patient Advocate</td>
<td>not available</td>
<td></td>
</tr>
<tr>
<td>Social Services Director</td>
<td>17.0%</td>
<td>$69,600</td>
</tr>
</tbody>
</table>

* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

☀ Bright Outlook  🌿 Green Occupation

Contact Information

Edson College of Nursing and Health Innovation | MERC C250
asu.ih@asu.edu | 602-496-0937