Integrative Health, BS

You know that health care shouldn't be one size fits all. Learn to custom fit a health care plan that addresses your patients' unique backgrounds and safely and ethically meets their personal needs.

Program Description

The BS program in integrative health provides students with a foundation in integrative health, a holistic approach to wellness that focuses on the mind, body and spirit. By drawing on treatments from traditional, conventional and complementary medicines, students advocate for the best care for every patient.

Through innovative and interprofessional approaches to serving and supporting diverse populations, students learn to understand and differentiate the ethics, legalities and standards of practice of integrative health and to think critically about different therapies, modalities and practitioners. Coursework and experiences include an emphasis on research and evidence-based practices and gaining an understanding of the historical and cultural foundations of the integrative health field.

This degree program has the same prerequisites as the nursing major; therefore, students may transition seamlessly to this program and obtain a bachelor's degree in a health-related field.

At a Glance

- **College/School:** Edson College of Nursing and Health Innovation
- **Location:** Downtown Phoenix, West or Online, ASU Local
- **Additional Program Fee:** Yes
- **Second Language Requirement:** No
- **First Required Math Course:** First math varies depending on the track chosen.
- **Math Intensity:** General
Required Courses (Major Map)

2023 - 2024 Major Map (On-campus)
Major Map (Archives)

Concurrent Program Options

Students pursuing concurrent degrees (also known as a "double major") earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

Accelerated Program Options

This program allows students to obtain both a bachelor's and master's degree in as little as five years. It is offered as an accelerated bachelor's plus master's degree with:

- Aging, MS
- Healthcare Innovation, MHI

Acceptance to the graduate program requires a separate application. Students typically receive approval to pursue the accelerated master's during the junior year of their bachelor's degree program. Interested students can learn about eligibility requirements and how to apply.

Admission Requirements

General University Admission Requirements:
All students are required to meet general university admission requirements.
First-year | Transfer | International | Readmission

Tuition Information

When it comes to paying for college, everyone's situation is different. Students can learn about ASU tuition and financial aid options to find out which will work best for them.

Change of Major Requirements

A current ASU student has no additional requirements for changing majors.

Students should visit the Change of Major form for information about how to change a major to this program.

Attend Online
ASU Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program’s ASU Online page for program descriptions and to request more information.

ASU Local

It is now possible to earn an ASU degree with ASU Local, an integrated college experience in which students take advantage of in-person success coaching and programming experiences on site while completing one of 130+ undergraduate online degree programs, all of which come with online faculty interaction and tutoring support.

Transfer Options

ASU is committed to helping students thrive by offering tools that allow personalization of the transfer path to ASU. Students may use MyPath2ASU® to outline a list of recommended courses to take prior to transfer.

ASU has transfer partnerships in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools and resources, and they help students save time and money in their college journey.

Global Opportunities

Global Experience

Through study abroad, students majoring in integrative health are able to expand their knowledge of different therapies used in a variety of cultures and observe standards of practice across the globe.

With more than 300 programs available, students can tailor their experience to their unique interests and skill sets, and the valuable heightened cultural competency, leadership, and critical thinking skills they acquire will enhance their resumes and be applicable in any career choice.

Career Opportunities

Graduates are qualified for a career as a patient representative for integrative health, which involves assisting patients in obtaining services and in understanding policies, and in making health care decisions regarding integrative health.

Graduates may be employed in hospitals, doctor offices, wellness and fitness centers, as well as holistic centers. Program graduates may obtain employment as:
• health educators
• health services administrators
• health specialists
• office managers
• program managers
• project directors

Career example titles and salaries listed below are not necessarily entry level, and students should take into consideration how years of experience, geographical location, and required advanced degrees or certifications may affect pay scales.

<table>
<thead>
<tr>
<th>Career</th>
<th>*Growth</th>
<th>*Median Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocate</td>
<td>8.6%</td>
<td>$38,520</td>
</tr>
<tr>
<td>Health Care Support Worker (General)</td>
<td>5.7%</td>
<td>$40,420</td>
</tr>
<tr>
<td>Health Technician (General)</td>
<td>6.6%</td>
<td>$44,990</td>
</tr>
<tr>
<td>Healthcare Professor</td>
<td>19.1%</td>
<td>$100,300</td>
</tr>
<tr>
<td>Medical and Health Services Manager</td>
<td>28.4%</td>
<td>$104,830</td>
</tr>
<tr>
<td>Naturopathic Doctor</td>
<td>2.0%</td>
<td>$106,230</td>
</tr>
<tr>
<td>Patient Advocate</td>
<td>6.6%</td>
<td>$44,990</td>
</tr>
<tr>
<td>Social Services Director</td>
<td>9.1%</td>
<td>$74,240</td>
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* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

🌞 Bright Outlook

Contact Information

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