Kinesiology, BS

The ability to move effectively is critical to quality of life. Are you interested in topics such as health, wellness, psychology, injury, adaptations, performance and disease prevention? Approach each of these, and more, through the lens of human movement --- and learn how to improve the health and well-being of those around you.

Program Description

A BS in kinesiology provides students with a deep understanding of how the human body works. The program prepares students for graduate study in physical or occupational therapy, physician assistant programs, medicine and other health-related professional programs.

In kinesiology, all aspects of human function are studied from the perspective of human movement. The rigorous curriculum provides a scientifically inclusive approach to human movement; students study mechanical, anatomical, neural, developmental, physiological and psychological mechanisms. This gives students a well-rounded understanding of all aspects of human function as it pertains to movement and exercise.

Students have opportunities to work one-on-one with faculty.

At a Glance

- **College/School:** [College of Health Solutions](#)
- **Location:** [Downtown Phoenix, ASU at Lake Havasu](#)

- **Additional Program Fee:** Yes
- **Second Language Requirement:** No
- **First Required Math Course:** MAT 170 - Precalculus
Concurrent Program Options

Students pursuing concurrent degrees (also known as a "double major") earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

Accelerated Program Options

This program allows students to obtain both a bachelor's and master's degree in as little as five years. It is offered as an accelerated bachelor's and master's degree with:

Clinical Exercise Physiology, MS

Acceptance to the graduate program requires a separate application. During their junior year, eligible students are advised by their academic departments to apply.

Admission Requirements

General University Admission Requirements:
All students are required to meet general university admission requirements. 
First-year | Transfer | International | Readmission

Change of Major Requirements

A current ASU student has no additional requirements for changing majors.

Students should refer to https://changemajor.apps.asu.edu for information about how to change a major to this program.

Transfer Options

ASU is committed to helping students thrive by offering tools that allow personalization of the transfer path to ASU. Students may use MyPath2ASU™ to outline a list of recommended courses to take prior to transfer.

ASU has transfer partnerships in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools and resources, and they help
students save time and money in their college journey. Students may learn more about these programs by visiting the admission site: https://admission.asu.edu/transfer/MyPath2ASU.

Global Opportunities

Global Experience
Kinesiology students gain cultural competency, language skills and vital leadership experience while studying abroad. Programs in Spain, Australia, Greece and a variety of other countries provide the chance to experience unique health environments, practice alternative approaches to health care and witness the human condition in a global context. Opportunities also exist for hands-on research and community-based service, which can prepare students to lead in a 21st century career. https://goglobal.asu.edu/

The College of Health Solutions recommends the following study abroad programs for students majoring in kinesiology: https://goglobal.asu.edu/students/major/chs/kinesiology.

Career Opportunities

An undergraduate degree in kinesiology prepares students for graduate study that can lead to a variety of clinical and research occupations including:

- allopathic, osteopathic or naturopathic physician
- athletic trainer
- biomechanist
- chiropractor
- clinical exercise physiologist
- occupational therapist
- orthopedic surgeon
- physical therapist
- physician assistant
- prosthetist or orthotist

Career examples include but are not limited to those shown in the following list. Advanced degrees or certifications may be required for academic or clinical positions.

<table>
<thead>
<tr>
<th>Career</th>
<th>*Growth</th>
<th>*Median Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletic Trainer</td>
<td>16.2%</td>
<td>$49,860</td>
</tr>
<tr>
<td>Chiropractor</td>
<td>4.5%</td>
<td>$70,720</td>
</tr>
<tr>
<td>Exercise Physiologist</td>
<td>11.3%</td>
<td>$50,280</td>
</tr>
<tr>
<td>Medical Doctor (MD)</td>
<td>#</td>
<td></td>
</tr>
<tr>
<td>Naturopathic Doctor</td>
<td></td>
<td>not available</td>
</tr>
<tr>
<td>Occupation</td>
<td>Growth Rate</td>
<td>Average Salary</td>
</tr>
<tr>
<td>------------------------------------------------</td>
<td>-------------</td>
<td>----------------</td>
</tr>
<tr>
<td>Occupational Therapist (OT)</td>
<td>15.9%</td>
<td>$86,280</td>
</tr>
<tr>
<td>Physical Rehabilitation Physician</td>
<td>not available</td>
<td></td>
</tr>
<tr>
<td>Physical Therapist (PT)</td>
<td>18.2%</td>
<td>$91,010</td>
</tr>
<tr>
<td>Physician Assistant (PA)</td>
<td>31.3%</td>
<td>$115,390</td>
</tr>
<tr>
<td>Sports Medicine Doctor</td>
<td>not available</td>
<td></td>
</tr>
</tbody>
</table>

* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

🌞 Bright Outlook  🌿 Green Occupation

**Contact Information**

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