

2023 - 2024 Major Map

Psychology (Positive Psychology), BA

School/College: New College of Interdisciplinary Arts and Sciences
 ASPGSPBA

Term 1 0 - 16 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 101: Introduction to Psychology (SB)	3	C	- Students may elect to take a math course in place of an elective in Term 1 if needed to prepare for MAT 119 or MAT 170 in Term 2. - ASU 101 or college-specific First-Year Seminar required of all first-year students. NEW 101-S satisfies this requirement. - IAS 300 (three credit hours) is required for all transfer students in place of NEW 101-S. - Select your Career Interest Communities and play me3@ASU. - Activate your Handshake account and build out your profile.
ACO 100: All About Data: Design, Query, and Visualization (CS) OR CIS 105: Computer Applications and Information Technology (CS) OR CSE 180: Computer Literacy (CS) OR EDT 180: Technology Literacy: Problem Solving using Digital Technology Applications (CS)	3	C	
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
NEW 101-S: The ASU New College Experience	1		
Cultural Diversity in the U.S. (C)	3		
Elective	3		
Term hours subtotal:	16		
Term 2 16 - 32 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 MAT 119: Finite Mathematics (MA) OR MAT 170: Precalculus (MA)	3	C	- Additional subjects may be used to fulfill the Related Coursework Elective requirement with academic advisor approval. - Create a first draft resume. - Join a student club or professional organization. - Secure a part-time job or volunteer experience.
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
Related Coursework Elective	3	C	
Natural Science - Quantitative (SQ)	4	C	
Elective	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	16		
Term 3 32 - 47 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (CS)	3	C	- Develop your research skills. - Develop your professional skills.
Historical Awareness (H)	3		
Literacy and Critical Inquiry (L)	3		

Complete 2 courses:
Elective

6



Complete First-Year Composition requirement.

Complete Mathematics (MA) requirement.

Term hours subtotal: 15

Term 4 47 - 63 Credit Hours Critical course signified by

Hours

Minimum
Grade

Notes



PSY 290: Research Methods (L or SG)

4

C

Global Awareness (G)

3

Humanities, Arts and Design (HU)

3

Complete 2 courses:
Elective

6

Term hours subtotal: 16

Term 5 63 - 78 Credit Hours Necessary course signified by

Hours

Minimum
Grade

Notes



Upper Division Cognitive Science Focus Area Course

3

C

PSY 315: Personality Theory and Research (SB) OR
PSY 341: Developmental Psychology (SB) OR
PSY 350: Social Psychology (SB) OR
PSY 366: Psychological Disorders (SB)

3

C

Upper Division Language and Cultures: Requirement satisfied through the following:
* Completion of six semester hours of upper-division courses that have a Global Awareness (G) or Cultural Diversity (C) designation, in addition to the courses used to meet the University General Studies requirements or four (4) sequential semesters of one foreign language or two (2) semesters of a current computer language. Adjustment to upper division hours is required if lower division courses are used.

3

C

Related Coursework Elective

3

C

Upper Division Literacy and Critical Inquiry (L) OR
IAS 300: Career Strategies and Personal Resilience (L or SB)

3

Term hours subtotal: 15

Term 6 78 - 93 Credit Hours Necessary course signified by

Hours

Minimum
Grade

Notes



PSY 335: Positive Psychology

3

C

PSY 315: Personality Theory and Research (SB) OR
PSY 341: Developmental Psychology (SB) OR
PSY 350: Social Psychology (SB) OR
PSY 366: Psychological Disorders (SB) OR
PSY 443: Child and Adolescent Psychological Disorders (L or SB)

3

C

- PSY 290 may be used to fulfill the General Studies Natural Science (SG) requirement.
- Explore an [internship](#), an [IGLE international experience](#) or [ASU Study Abroad](#).

- IAS 300 (three credit hours) is required for all transfer students.
- Additional subjects may be used to fulfill the Related Coursework Elective requirement with academic advisor approval.
- Upper division (C) and (G) courses used to fulfill the New College Proficiency - Languages and Cultures requirement may not also be used to fulfill the General Studies Awareness Areas (C) and (G) requirements.
- Thinking about graduate school? Consider registering for a grad school [test prep course](#).
- Develop your [professional online presence](#).

- Additional subjects may be used to fulfill the Related Coursework Elective requirement with academic advisor approval.
- Upper division (C) and (G) courses used to fulfill the New College Proficiency - Languages and Cultures requirement may not also be used to fulfill the General Studies

Upper Division Cognitive Science Focus Area Course	3	C
Upper Division Language and Cultures: Requirement satisfied through the following: * Completion of six semester hours of upper-division courses that have a Global Awareness (G) or Cultural Diversity (C) designation, in addition to the courses used to meet the University General Studies requirements or four (4) sequential semesters of one foreign language or two (2) semesters of a current computer language. Adjustment to upper division hours is required if lower division courses are used.	3	C
Related Coursework Elective	3	C
★ Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).		
Term hours subtotal:	15	

- Awareness Areas (C) and (G) requirements.
- Use Handshake to research **employment opportunities**.
 - Complete an in person or virtual **practice interview**.

Term 7 93 - 108 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ PSY 336: Applications of Positive Psychology	3	C
Upper Division Positive Psychology Elective	3	C
Humanities, Arts and Design (HU)	3	
Upper Division Elective OR PSY 484: Internship	3	
Elective	3	
Term hours subtotal:	15	

- The Positive Psychology Elective must be taken from the course list below.
- Gather **professional references**.

Term 8 108 - 120 Credit Hours Necessary course signified by ★★	Hours	Minimum Grade	Notes
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★ Complete 2 courses: Upper Division Positive Psychology Elective	6	C
Complete 2 courses: Upper Division Elective	6	
Term hours subtotal:	12	

- Positive Psychology Electives must be taken from the course list below.
- Apply for **full-time career opportunities**.

Hide Course List(s)/Track Group(s)

Upper Division Cognitive Science Focus Area	Positive Psychology Electives	Related Coursework Electives
PSY 320: Learning and Motivation	PSY 338: Emotional Intelligence	ASB Elective
PSY 323: Sensation and Perception	PSY 340: Psychology of Academic Motivation and Growth	ASM Elective
PSY 324: Memory and Cognition	PSY 370: Interpersonal Relationships (SB)	COM Elective
PSY 325: Physiological Psychology	PSY 394: Childhood Trauma and Resilience	JHR Elective
PSY 360: Cognitive Science		POS Elective

PSY 369: Biology of Human Sexuality

PSY 434: Cognitive Psychology (L)

PSY 470: Psychopharmacology

PSY 394: Psychology of Love and Intimacy

PSY 462: Health Psychology

PSY 494: Optimal Psych: Multicultural Worldviews-Liberation

PSY 494: Psychology of Mindfulness

PSY Elective

SBS Elective

SOC Elective

Notes:

- First-Year Composition: All students are placed in ENG 101 unless submission of SAT, ACT, Accuplacer, IELTS, or TOEFL score, or college-level transfer credit or test credit equivalent to ASU's first-year composition course(s), determine otherwise. Students on Polytechnic, Downtown Phoenix and West Campuses are encouraged to complete the Directed Self-Placement survey to choose the first-year composition option they believe best suits their needs. Visit: <https://cisa.asu.edu/DSP>
- Mathematics Placement Assessment score determines placement in first mathematics course.

Total Hours: 120

Upper Division Hours: 45 minimum

Major GPA: 2.00 minimum

Cumulative GPA: 2.00 minimum

Total hrs at ASU: 30 minimum

Hrs Resident Credit for Academic Recognition: 56 minimum

Total Community College Hrs: 64 maximum

Total College Residency Hrs: 12 minimum

General University Requirements Legend

General Studies Core Requirements:

- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)
- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:

- Cultural Diversity in the U.S. (C)
- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed next to courses on the major map were valid for the 2023 - 2024 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.