2023 - 2024 Major Map

Psychology (Positive Psychology), BA

School/College: New College of Interdisciplinary Arts and Sciences
ASPGSPPBA

Term 1 - A 0 - 7 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ PSY 101: Introduction to Psychology (SB)	3	C	• ASU 101 or college-specific First-Year Seminar required of all first-year students. NEW 101 meets this requirement. • SBS 300 (three credits) is required for all transfer students in place of NEW 101. • Select your Career Interest Communities and play me3@ASU. • Activate your Handshake account and build out your profile.
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
NEW 101: The ASU New College Experience	1		
Term hours subtotal:	7		

Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
ACO 100: All About Data: Design, Query, and Visualization (CS) OR CIS 105: Computer Applications and Information Technology (CS) OR CSE 180: Computer Literacy (CS) OR EDT 180: Technology Literacy: Problem Solving using Digital Technology Applications (CS)	3	C	• Students may elect to take an MA course in Term 1-B if needed to prepare for MAT 119 or MAT 170 in Term 2-A. • View ASU Online first-year student registration information here.
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
Term hours subtotal:	6		

Term 2 - A 13 - 19 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ MAT 119: Finite Mathematics (MA) OR MAT 170: Precalculus (MA)	3	C	
Literacy and Critical Inquiry (L)	3		
Term hours subtotal:	6		

Term 2 - B 19 - 25 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
Related Coursework Elective	3	C	• Additional subjects may be used to fulfill the Related Coursework requirement with academic advisor approval. • Create a first draft resume.
Historical Awareness (H)	3		
⬥ Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	6		

Term 3 - A 25 - 32 Credit Hours	Hours	Minimum Grade	Notes
Humanities, Arts and Design (HU)	3		• Build your professional skills.
Natural Science - Quantitative (SQ)	4	C	
Term hours subtotal:	7		

Term 3 - B 32 - 38 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes

⚠ PSY 230: Introduction to Statistics (CS)	3	C	• PSY 230 may not be used to fulfill the Interdisciplinary Computer Science requirement in the major. ACO 100, CIS 105, CSE 180 or EDT 180 are required.
Humanities, Arts and Design (HU)	3		
⚠ Complete First-Year Composition requirement.			
Complete Mathematics (MA) requirement.			
Term hours subtotal:	6		

Term 4 - A 38 - 45 Credit Hours Critical course signified by ⚠	Hours	Minimum Grade	Notes
⚠ PSY 290: Research Methods (L or SG)	4	C	• PSY 290 may be used to fulfill the General Studies Natural Science (SG) requirement.
Global Awareness (G)	3		• Explore an IGLE international experience or ASU Study Abroad.
Term hours subtotal:	7		

Term 4 - B 45 - 51 Credit Hours	Hours	Minimum Grade	Notes
Cultural Diversity in the U.S. (C)	3		
Elective	3		
Term hours subtotal:	6		

Term 5 - A 51 - 57 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ PSY 315: Personality Theory and Research (SB) OR PSY 341: Developmental Psychology (SB) OR PSY 350: Social Psychology (SB) OR PSY 366: Psychological Disorders (SB)	3	C	
Elective	3		
Term hours subtotal:	6		

Term 5 - B 57 - 63 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Elective OR SBS 300: Careers in Psychology	3		• SBS 300 (three credit hours) is required for all transfer students in place of NEW 101.
Elective	3		
Term hours subtotal:	6		

Term 6 - A 63 - 69 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Cognitive Science Focus Area Course	3	C	• Upper division (C) and (G) courses used to fulfill the New College Proficiency - Languages and Cultures requirement may not also be used to fulfill the General Studies Awareness Areas (C) and (G) requirements.
Upper Division Language and Cultures: Requirement satisfied through the following: * Completion of six semester hours of upper-division courses that have a Global Awareness (G) or Cultural Diversity (C) designation, in addition to the courses used to meet the University General Studies requirements or four (4) sequential semesters of one foreign language or two (2) semesters of a current computer language. Adjustment to upper division hours is required if lower division courses are used.	3	C	
Term hours subtotal:	6		

Term 6 - B 69 - 75 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ PSY 335: Positive Psychology	3	C	• Upper division (C) and (G) courses used to fulfill the New College Proficiency - Languages and Cultures requirement may not also be used to fulfill the General Studies Awareness Areas (C) and (G) requirements.
Upper Division Language and Cultures: Requirement satisfied through the following: * Completion of six semester hours of upper-division courses that have a Global Awareness (G) or Cultural Diversity (C) designation, in addition to the courses used to meet the University General Studies requirements or four (4) sequential semesters of one foreign	3	C	

language or two (2) semesters of a current computer language. Adjustment to upper division hours is required if lower division courses are used.

⭐ Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).

	Term hours subtotal:	6

Term 7 - A 75 - 81 Credit Hours	Hours	Minimum Grade	Notes
Related Coursework Elective	3	C	
Elective	3		
Term hours subtotal:	6		

- Additional subjects may be used to fulfill the Related Coursework requirement with academic advisor approval.
- Thinking about graduate school? Consider registering for a graduate school test prep course.

Term 7 - B 81 - 87 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ PSY 336: Applications of Positive Psychology	3	C	
Related Coursework Elective	3	C	
Term hours subtotal:	6		

- Additional subjects may be used to fulfill the Related Coursework requirement with academic advisor approval.
- Create your professional online presence.

Term 8 - A 87 - 93 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ Upper Division Cognitive Science Focus Area Course	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		

- Use Handshake to research employment opportunities.

Term 8 - B 93 - 99 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Literacy and Critical Inquiry (L)	3		
Elective	3		
Term hours subtotal:	6		

- Complete an in person or virtual practice interview.

Term 9 - A 99 - 105 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ PSY 315: Personality Theory and Research (SB) OR PSY 341: Developmental Psychology (SB) OR PSY 350: Social Psychology (SB) OR PSY 366: Psychological Disorders (SB) OR PSY 443: Child and Adolescent Psychological Disorders (L or SB)	3	C	
Elective	3		
Term hours subtotal:	6		

- Gather professional references.

Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Positive Psychology Elective	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		

- Choose an Upper Division Psychology Elective from the course list below.
- Apply for full-time career opportunities.

Term 10 - A 111 - 117 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ Upper Division Positive Psychology Elective	3	C	
Elective	3		
Term hours subtotal:	6		

- Choose an Upper Division Psychology Elective from the course list below.

Term 10 - B 117 - 120 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Positive Psychology Elective	3	C	• Choose an Upper Division Psychology Elective from the course list below.
Term hours subtotal:	3		

Hide Course List(s)/Track Group(s)

Upper Division Cognitive Science Focus Area	Positive Psychology Electives	Related Coursework Electives
PSY 320: Learning and Motivation	PSY 338: Emotional Intelligence	ASB Elective
PSY 323: Sensation and Perception	PSY 340: Psychology of Academic Motivation and Growth	ASM Elective
PSY 324: Memory and Cognition	PSY 370: Interpersonal Relationships (SB)	COM Elective
PSY 360: Cognitive Science	PSY 394: Childhood Trauma and Resilience	JHR Elective
PSY 434: Cognitive Psychology (L)	PSY 394: Psychology of Love and Intimacy	POS Elective
PSY 470: Psychopharmacology	PSY 462: Health Psychology	PSY Elective
	PSY 494: Optimal Psych: Multicultural Worldviews-Liberation	SBS Elective
	PSY 494: Psychology of Mindfulness	SOC Elective

Notes:

- First-Year Composition: All students are placed in ENG 101 unless submission of SAT, ACT, Accuplacer, IELTS, or TOEFL score, or college-level transfer credit or test credit equivalent to ASU's first-year composition course(s), determine otherwise. Students on Polytechnic, Downtown Phoenix and West Campuses are encouraged to complete the Directed Self-Placement survey to choose the first-year composition option they believe best suits their needs. Visit: https://cisa.asu.edu/DSP
- Mathematics Placement Assessment score determines placement in first mathematics course.

Total Hours: 120
Upper Division Hours: 45 minimum
Major GPA: 2.00 minimum
Cumulative GPA: 2.00 minimum
Total hrs at ASU: 30 minimum
Hrs Resident Credit for
Academic Recognition: 56 minimum
Total Community College Hrs: 64 maximum
Total College Residency Hrs: 12 minimum

General University Requirements Legend

General Studies Core Requirements:

- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)
- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:

- Cultural Diversity in the U.S. (C)

- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed next to courses on the major map were valid for the 2023 - 2024 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.