

2024 - 2025 Major Map

Psychology (Positive Psychology), BA

School/College: New College of Interdisciplinary Arts and Sciences
ASPGSPBBA

Term 1 - A 0 - 7 Credit Hours **Critical course signified by**

 PSY 101: Introduction to Psychology (SOBE OR SB)	3	C
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C
NEW 101: The ASU New College Experience OR IAS 300: Career Strategies and Personal Resilience (L or SB)	1-3	
Term hours subtotal:	7-9	

- ASU 101 or college-specific First-Year Seminar is required of all first-year students. NEW 101 fulfills this requirement.
- IAS 300 (three credits) is required for all transfer students in place of NEW 101.
- Select your [Career Interest Communities](#) and play [me3@ASU](#).
- Activate your [Handshake](#) account and build out your profile.

Term 1 - B 7 - 13 Credit Hours

ACO 100: All About Data: Design, Query, and Visualization (QTRS OR CS) OR CIS 105: Computer Applications and Information Technology (QTRS OR CS) OR CSE 180: Computer Literacy (QTRS OR CS) OR EDT 180: Technology Literacy: Problem Solving using Digital Technology Applications (QTRS OR CS)	3	C
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C
Term hours subtotal:	6	

- If a student scores 0-60 on the [math placement test](#), they should complete MAT 117 in place of an elective in Term 1B as the prerequisite to MAT 119/MAT 170 in Term 2A.
- View ASU Online first-year student registration information [here](#).

Term 2 - A 13 - 19 Credit Hours **Critical course signified by**

 MAT 119: Finite Mathematics (MATH OR MA) OR MAT 170: Precalculus (MATH OR MA)	3	C
Humanities, Arts and Design (HUAD)	3	
Term hours subtotal:	6	

Term 2 - B 19 - 25 Credit Hours **Critical course signified by**

Related Coursework Elective	3	C
Global Communities, Societies and Individuals (GCSI)	3	
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).		

- Additional subjects may be used to fulfill the Related Coursework requirement with academic advisor approval.
- Create a first draft [resume](#).

Term hours subtotal: 6

Term 3 - A 25 - 32 Credit Hours	Hours	Minimum Grade	Notes
Humanities, Arts and Design (HUAD)	3		Build your professional skills.
Scientific Thinking in Natural Sciences (SCIT)	4		
Term hours subtotal:	7		

Term 3 - B 32 - 38 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (QTRS OR CS)	3	C	- PSY 230 may not be used to fulfill the Interdisciplinary Computer Science requirement in the major. ACO 100, CIS 105, CSE 180 or EDT 180 are required. - Interested in pre-professional pathways? Explore our pre-health and pre-law websites.
Elective	3		
 Complete First-Year Composition requirement.			
Complete Mathematics (MATH) requirement.			
Term hours subtotal:	6		

Term 4 - A 38 - 45 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 290: Research Methods (SCIT OR L or SG)	4	C	Explore an IGLE international experience or ASU Study Abroad.
Governance and Civic Engagement (CIVI)	3		
Term hours subtotal:	7		

Term 4 - B 45 - 51 Credit Hours	Hours	Minimum Grade	Notes
Related Coursework Elective	3	C	
Sustainability (SUST)	3		
Term hours subtotal:	6		

Term 5 - A 51 - 57 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 PSY 315: Personality Theory and Research (SOBE OR SB) OR PSY 341: Developmental Psychology (SOBE OR SB) OR PSY 350: Social Psychology (SOBE OR SB) OR PSY 366: Psychological Disorders (SOBE OR SB)	3	C	
Elective	3		
Term hours subtotal:	6		

Term 5 - B 57 - 63 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
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PSY 335: Positive Psychology

3

C

Upper Division Elective

3

Term hours subtotal:

6

Term 6 - A 63 - 69 Credit Hours**Hours****Minimum
Grade****Notes**

Upper Division Positive Psychology Elective

3

C

American Institutions (AMIT)

3

Term hours subtotal:

6

- Choose an Upper Division Psychology Elective from the course list below.

Term 6 - B 69 - 75 Credit Hours Necessary course signified by**Hours****Minimum
Grade****Notes**

PSY 336: Applications of Positive Psychology

3

C

Upper Division Cognitive Science Focus Area Course

3

C

Term hours subtotal:

6

Term 7 - A 75 - 81 Credit Hours Necessary course signified by**Hours****Minimum
Grade****Notes**

PSY 315: Personality Theory and Research (SOBE OR SB) OR
 PSY 341: Developmental Psychology (SOBE OR SB) OR
 PSY 350: Social Psychology (SOBE OR SB) OR
 PSY 366: Psychological Disorders (SOBE OR SB) OR
 PSY 443: Child and Adolescent Psychological Disorders (SOBE OR L or SB)

3

C

- Thinking about graduate school? Consider registering for a grad school test prep course and explore accelerated masters degrees.

Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIVI) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.

3

C

Term hours subtotal:

6

Term 7 - B 81 - 87 Credit Hours**Hours****Minimum
Grade****Notes**

Upper Division Positive Psychology Elective

3

C

Elective

3

Term hours subtotal:

6

- Create your professional online presence.

Term 8 - A 87 - 93 Credit Hours Necessary course signified by**Hours****Minimum
Grade****Notes**

★ Upper Division Positive Psychology Elective	3	C
Elective	3	
Term hours subtotal:	6	

- Use Handshake to research employment opportunities.

Term 8 - B 93 - 99 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Upper Division Cognitive Science Focus Area Course	3	C
Elective	3	
Term hours subtotal:	6	

- Complete an in person or virtual practice interview.

Term 9 - A 99 - 105 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Related Coursework Elective	3	C
Upper Division Elective	3	
Term hours subtotal:	6	

- Gather professional references.

Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
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Upper Division Elective	3	
Elective	3	
Term hours subtotal:	6	

- Apply for full-time career opportunities.

Term 10 - A 111 - 120 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIVI) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.	3	C
Upper Division Elective	3-0	
Elective	3	
Term hours subtotal:	9-6	

Upper Division Cognitive Science Focus Area	Positive Psychology Electives	Related Coursework Electives
PSY 320: Learning and Motivation	PSY 338: Emotional Intelligence	ASB Elective
PSY 323: Sensation and Perception	PSY 340: Psychology of Academic Motivation and Growth	ASM Elective
PSY 324: Memory and Cognition	PSY 370: Interpersonal Relationships (SOBE OR SB)	COM Elective
PSY 360: Cognitive Science	PSY 394: Childhood Trauma and Resilience	JHR Elective
PSY 434: Cognitive Psychology (L)	PSY 394: Psychology of Love and Intimacy	POS Elective
PSY 470: Psychopharmacology	PSY 462: Health Psychology	PSY Elective
	PSY 494: Optimal Psych: Multicultural Worldviews-Liberation	SBS Elective
	PSY 494: Psychology of Mindfulness	SOC Elective

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- [University Undergraduate Graduation Requirements](#)

Notes:

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.