













## 2024 - 2025 Major Map



### Psychology (Positive Psychology), BS



School/College: New College of Interdisciplinary Arts and Sciences  
ASPGSPPBS

Term 1 0 - 16 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 101: Introduction to Psychology (SOBE OR SB)	3	C	<ul style="list-style-type: none"><li>• If a student scores 0-60 on the <b>math placement test</b>, they should complete MAT 117 in place of an elective in Term 1 as the prerequisite to MAT 170 in Term 2.</li><li>• ASU 101 or college-specific First-Year Seminar required of all first-year students. NEW 101 satisfies this requirement.</li><li>• IAS 300 (three credit hours) is required for all transfer students in New College.</li><li>• Select your <b>Career Interest Community</b> and play <b>me3@ASU</b>.</li><li>• Activate your <b>Handshake</b> account and build out your profile.</li></ul>
ACO 100: All About Data: Design, Query, and Visualization (QTRS OR CS) OR CIS 105: Computer Applications and Information Technology (QTRS OR CS) OR CSE 180: Computer Literacy (QTRS OR CS) OR EDT 180: Technology Literacy: Problem Solving using Digital Technology Applications (QTRS OR CS)	3	C	
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
NEW 101: The ASU New College Experience OR IAS 300: Career Strategies and Personal Resilience (L or SB)	1-3		
Humanities, Arts and Design (HUAD)	3		
Elective	3		
Term hours subtotal:	16-18		
Term 2 16 - 32 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	<ul style="list-style-type: none"><li>• Psychology (Positive Psychology) BS majors are required to complete a minimum of three SCIT General Studies courses: PSY 290, a Life Science lecture/lab course from the BCH, BIO, FOR, LSC, or MIC subjects, and one additional SCIT course of their choosing.</li><li>• Create a first draft <b>resume</b>.</li><li>• Join a <b>student club</b> or professional organization.</li><li>• Secure a <b>part-time job</b> or <b>volunteer experience</b>.</li></ul>
MAT 170: Precalculus (MATH OR MA)	3	C	
Related Coursework Elective	3	C	
Scientific Thinking in Natural Sciences (SCIT)	4		
Elective	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	16		
Term 3 32 - 47 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (QTRS OR CS)	3	C	<ul style="list-style-type: none"><li>• Develop your <b>research skills</b>.</li><li>• Develop your <b>professional skills</b>.</li><li>• Interested in pre-professional pathways? Explore our <b>pre-health</b> and <b>pre-law</b> websites.</li></ul>
Global Communities, Societies and Individuals (GCSI)	3		
Governance and Civic Engagement (CIVI)	3		
Complete 2 courses: Elective	6		
 Complete First-Year Composition requirement.			
Complete Mathematics (MATH) requirement.			
Term hours subtotal:	15		

Term 4 47 - 63 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 290: Research Methods (SCIT OR L or SG)	4	C	<ul style="list-style-type: none"> <li>Psychology (Positive Psychology) BS majors are required to complete a minimum of three SCIT General Studies courses: PSY 290, a Life Science lecture/lab course from the BCH, BIO, FOR, LSC, or MIC subjects, and one additional SCIT course of their choosing.</li> <li>Explore an <b>internship</b>, <b>IGLE international experience</b>, or <b>ASU Study Abroad</b>.</li> </ul>
Humanities, Arts and Design (HUAD)	3		
Sustainability (SUST)	3		
Complete 2 courses:			
Elective	6		
Term hours subtotal:	16		

Term 5 63 - 78 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 330: Statistical Methods (QTRS OR CS)	3	C	<ul style="list-style-type: none"> <li>Thinking about graduate school? Consider registering for a grad school <b>test prep course</b> and explore <b>accelerated masters degrees</b>.</li> <li>Develop your <b>professional online presence</b>.</li> </ul>
 Upper Division Cognitive Science Focus Area Course	3	C	
PSY 315: Personality Theory and Research (SOBE OR SB) OR PSY 341: Developmental Psychology (SOBE OR SB) OR PSY 350: Social Psychology (SOBE OR SB) OR PSY 366: Psychological Disorders (SOBE OR SB)	3	C	
Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIVI) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.	3	C	
Upper Division Elective	3		
Term hours subtotal:	15		

Term 6 78 - 93 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 335: Positive Psychology	3	C	<ul style="list-style-type: none"> <li>Use Handshake to research <b>employment opportunities</b>.</li> <li>Complete an in person or virtual <b>practice interview</b>.</li> </ul>
PSY 315: Personality Theory and Research (SOBE OR SB) OR PSY 341: Developmental Psychology (SOBE OR SB) OR PSY 350: Social Psychology (SOBE OR SB) OR PSY 366: Psychological Disorders (SOBE OR SB) OR PSY 443: Child and Adolescent Psychological Disorders (SOBE OR L or SB)	3	C	
Upper Division Cognitive Science Focus Area Course	3	C	
Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIVI) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.	3	C	
Upper Division Elective	3-0		
Term hours subtotal:	15-12		

Term 7 93 - 108 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 336: Applications of Positive Psychology	3	C	<ul style="list-style-type: none"> <li>Psychology (Positive Psychology) BS majors are required to complete a minimum of three SCIT General Studies courses: PSY 290, a Life Science lecture/lab course from the BCH, BIO, FOR, LSC, or MIC subjects,</li> </ul>
Upper Division Positive Psychology Elective	3	C	
Life Science Lecture and Lab Course	4	C	
American Institutions (AMIT)	3		

Elective	2
Term hours subtotal:	15

and one additional SCIT course of their choosing.

- Positive Psychology Elective must be taken from the course list below.
- Gather **professional references**.

Term 8 108 - 120 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Complete 2 courses:			
Upper Division Positive Psychology Elective	6	C	• Positive Psychology Electives must be taken from the course list below.
Upper Division Elective OR PSY 484: Internship	3		• Apply for <b>full-time career opportunities</b> .
Elective	3		
Term hours subtotal:	12		

#### Hide Course List(s)/Track Group(s)

Upper Division Cognitive Science Focus Area	Positive Psychology Electives	Related Coursework Electives
PSY 320: Learning and Motivation	PSY 338: Emotional Intelligence	ASB Elective
PSY 323: Sensation and Perception	PSY 340: Psychology of Academic Motivation and Growth	ASM Elective
PSY 324: Memory and Cognition	PSY 370: Interpersonal Relationships (SOBE OR SB)	COM Elective
PSY 325: Physiological Psychology	PSY 394: Childhood Trauma and Resilience	JHR Elective
PSY 360: Cognitive Science	PSY 394: Psychology of Love and Intimacy	POS Elective
PSY 369: Biology of Human Sexuality	PSY 462: Health Psychology	PSY Elective
PSY 434: Cognitive Psychology (L)	PSY 494: Optimal Psych: Multicultural Worldviews-Liberation	SBS Elective
PSY 470: Psychopharmacology	PSY 494: Psychology of Mindfulness	SOC Elective
Life Science Lecture and Lab Course		
BCH Elective		
BIO Elective		
FOR Elective		
LSC Elective		
MIC Elective		

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- **University Undergraduate Graduation Requirements**

#### Notes:

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.