





# 2024 - 2025 Major Map



## Psychology (Positive Psychology), BS

School/College: [New College of Interdisciplinary Arts and Sciences](#)  
ASPGSPBBS



Term 1 - A 0 - 7 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 101: Introduction to Psychology (SOBE OR SB)	3	C	<ul style="list-style-type: none"> <li>ASU 101 or college-specific First-Year Seminar is required of all first-year students. NEW 101 fulfills this requirement.</li> <li>IAS 300 (three credits) is required for all transfer students in place of NEW 101.</li> <li>Select your <a href="#">Career Interest Communities</a> and play <a href="#">me3@ASU</a>.</li> <li>Activate your <a href="#">Handshake</a> account and build out your profile.</li> </ul>
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
NEW 101: The ASU New College Experience OR IAS 300: Career Strategies and Personal Resilience (L or SB)	1-3		
Term hours subtotal:	7-9		


Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
ACO 100: All About Data: Design, Query, and Visualization (QTRS OR CS) OR CIS 105: Computer Applications and Information Technology (QTRS OR CS) OR CSE 180: Computer Literacy (QTRS OR CS) OR EDT 180: Technology Literacy: Problem Solving using Digital Technology Applications (QTRS OR CS)	3	C	<ul style="list-style-type: none"> <li>If a student scores 0-60 on the <a href="#">math placement test</a>, they should complete MAT 117 in place of an elective in Term 1B as the prerequisite to MAT 170 in Term 2A.</li> <li>View ASU Online first-year student registration information <a href="#">here</a>.</li> </ul>
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
Term hours subtotal:	6		

Term 2 - A 13 - 19 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 MAT 170: Precalculus (MATH OR MA)	3	C	
Humanities, Arts and Design (HUAD)	3		
Term hours subtotal:	6		



Term 2 - B 19 - 25 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
Related Coursework Elective	3	C	<ul style="list-style-type: none"> <li>Create a first draft <a href="#">resume</a>.</li> </ul>
Global Communities, Societies and Individuals (GCSI)	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	6		

Term 3 - A 25 - 32 Credit Hours	Hours	Minimum Grade	Notes
Humanities, Arts and Design (HUAD)	3		<ul style="list-style-type: none"> <li>Psychology (Positive Psychology) BS majors are required to complete a minimum of three SCIT General Studies courses: PSY 290, a Life Science lecture/lab course from the BCH, BIO, FOR, LSC, or MIC subjects, and one additional SCIT course of their choosing.</li> <li>Develop your <a href="#">professional skills</a>.</li> </ul>
Scientific Thinking in Natural Sciences (SCIT)	4		
Term hours subtotal:	7		

Term 3 - B 32 - 38 Credit Hours <b>Critical course signified by</b>	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (QTRS OR CS)	3	C	<ul style="list-style-type: none"> <li>Interested in pre-professional pathways? Explore our <a href="#">pre-health</a> and <a href="#">pre-law</a> websites.</li> </ul>
Elective	3		
 Complete First-Year Composition requirement.			
Complete Mathematics (MATH) requirement.			
Term hours subtotal:	6		

Term 4 - A 38 - 45 Credit Hours <b>Critical course signified by</b>	Hours	Minimum Grade	Notes
 PSY 290: Research Methods (SCIT OR L or SG)	4	C	<ul style="list-style-type: none"> <li>Explore an <a href="#">IGLE international experience</a> or <a href="#">ASU Study Abroad</a>.</li> </ul>
Governance and Civic Engagement (CIVI)	3		
Term hours subtotal:	7		

Term 4 - B 45 - 52 Credit Hours	Hours	Minimum Grade	Notes
Life Science Lecture and Lab Course	4	C	
Sustainability (SUST)	3		
Term hours subtotal:	7		

Term 5 - A 52 - 58 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 PSY 330: Statistical Methods (QTRS OR CS)	3	C	
PSY 315: Personality Theory and Research (SOBE OR SB) OR PSY 341: Developmental Psychology (SOBE OR SB) OR PSY 350: Social Psychology (SOBE OR SB) OR PSY 366: Psychological Disorders (SOBE OR SB)	3	C	
Term hours subtotal:	6		

Term 5 - B 58 - 64 Credit Hours	Hours	Minimum Grade	Notes
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PSY 335: Positive Psychology 3 C

Upper Division Elective 3

Term hours subtotal: 6

**Term 6 - A 64 - 70 Credit Hours Necessary course signified by** ★

**Hours**

**Minimum Grade**

**Notes**

★ Upper Division Positive Psychology Elective

3 C

American Institutions (AMIT)

3

Term hours subtotal: 6

- Upper Division Psychology Electives must be taken from the course list below.

**Term 6 - B 70 - 76 Credit Hours**

**Hours**

**Minimum Grade**

**Notes**

PSY 336: Applications of Positive Psychology 3 C

Upper Division Cognitive Science Focus Area Course 3 C

Term hours subtotal: 6

**Term 7 - A 76 - 82 Credit Hours Necessary course signified by** ★

**Hours**

**Minimum Grade**

**Notes**

★ PSY 315: Personality Theory and Research (SOBE OR SB) OR  
PSY 341: Developmental Psychology (SOBE OR SB) OR  
PSY 350: Social Psychology (SOBE OR SB) OR  
PSY 366: Psychological Disorders (SOBE OR SB) OR  
PSY 443: Child and Adolescent Psychological Disorders (SOBE OR L or SB)

3 C

Elective

3

Term hours subtotal: 6

- Thinking about graduate school? Consider registering for a grad school test prep course and explore accelerated masters degrees.

**Term 7 - B 82 - 88 Credit Hours Necessary course signified by** ★

**Hours**

**Minimum Grade**

**Notes**

★ Upper Division Positive Psychology Elective

3 C

Upper Division Elective

3

Term hours subtotal: 6

- Create your professional online presence.

**Term 8 - A 88 - 94 Credit Hours Necessary course signified by** ★

**Hours**

**Minimum Grade**

**Notes**

★ Upper Division Positive Psychology Elective

3 C

Elective

3

Term hours subtotal: 6

- Use Handshake to research employment opportunities.

Term 8 - B 94 - 100 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ Upper Division Cognitive Science Focus Area Course	3	C	<ul style="list-style-type: none"> <li>Complete an in person or virtual <b>practice interview</b>.</li> </ul>
Elective	3		
Term hours subtotal:	6		

Term 9 - A 100 - 106 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIV) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.	3	C	<ul style="list-style-type: none"> <li>Gather <b>professional references</b>.</li> </ul>
Elective	3		
Term hours subtotal:	6		

Term 9 - B 106 - 112 Credit Hours	Hours	Minimum Grade	Notes
Complete 2 courses: Elective	6		<ul style="list-style-type: none"> <li>Apply for <b>full-time career opportunities</b>.</li> </ul>
Term hours subtotal:	6		

Term 10 - A 112 - 120 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ Upper Division Global and Civic Engagement Requirement: satisfied through completion of 6 credits of upper-division courses with a Global Communities, Societies and Individuals (GCSI) or Governance and Civic Engagement (CIV) designation, in addition to the courses used to meet the university General Studies requirements; or completion of 3 credits from an ASU-approved Global Education program. Adjustment to upper-division and elective hours is required if a lower-division Global Education course is used.	3	C	
Upper Division Elective	3-0		
Elective	2		
Term hours subtotal:	8-5		

Upper Division Cognitive Science Focus Area
PSY 320: Learning and Motivation
PSY 323: Sensation and Perception
PSY 324: Memory and Cognition
PSY 360: Cognitive Science
PSY 434: Cognitive Psychology (L)
PSY 470: Psychopharmacology

Positive Psychology Electives
PSY 338: Emotional Intelligence
PSY 340: Psychology of Academic Motivation and Growth
PSY 370: Interpersonal Relationships (SOBE OR SB)
PSY 394: Childhood Trauma and Resilience
PSY 394: Psychology of Love and Intimacy
PSY 462: Health Psychology
PSY 494: Optimal Psych: Multicultural Worldviews-Liberation
PSY 494: Psychology of Mindfulness

Related Coursework Electives
ASB Elective
ASM Elective
COM Elective
JHR Elective
PSY Elective
SBS Elective
SOC Elective

Life Science Lecture and Lab Course
BCH Elective
BIO Elective
FOR Elective
LSC Elective
MIC Elective

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- [University Undergraduate Graduation Requirements](#)

**Notes:**

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.