













2022 - 2023 Major Map

Counseling and Applied Psychological Science (Substance Abuse and Addictions), **BS**

School/College: College of Integrative Sciences and Arts
LSCAPSAABS

Term 1 - A 0 - 7 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 120: Introduction to Counseling (SB)	3	C	<ul style="list-style-type: none"> • Completion of ASU 10 or ASU 11 or ASU 42 is highly recommended prior to beginning your first session of classes at ASU. • ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. • Select your career interest communities and play me3@ASU.
ASU 101-CLS: The ASU Experience	1		
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 MAT 119: Finite Mathematics (MA) OR MAT 170: Precalculus (MA)	3	C	<ul style="list-style-type: none"> • View ASU Online first-year student registration information here.
 PSY 101: Introduction to Psychology (SB)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 19 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 220: Self in a Multicultural Society (C)	3	C	
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Term hours subtotal:	6		
Term 2 - B 19 - 25 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (CS)	3	C	
Elective	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	6		
Term 3 - A 25 - 31 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 240: Counseling Skills	3	C	
Elective	3		
Term hours subtotal:	6		
Term 3 - B 31 - 38 Credit Hours	Hours	Minimum Grade	Notes
PSY 290: Research Methods (L or SG)	4	C	<ul style="list-style-type: none"> • Secure a part-time job or volunteer experience.
Humanities, Arts and Design (HU)	3		

Complete Mathematics (MA) requirement.

Term hours subtotal: 7

Term 4 - A 38 - 45 Credit Hours	Hours	Minimum Grade	Notes
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BIO 181: General Biology I (SQ) 4 C

Social-Behavioral Sciences (SB) 3

Term hours subtotal: 7

Term 4 - B 45 - 51 Credit Hours  Critical course signified by	Hours	Minimum Grade	Notes
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 CED 250: Career Development (L) 3 C

Humanities, Arts and Design (HU) 3

Term hours subtotal: 6

Term 5 - A 51 - 57 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 310: Addictions I: Foundations and Basic Principles 3 C

Global Awareness (G) 3

Term hours subtotal: 6

Term 5 - B 57 - 63 Credit Hours	Hours	Minimum Grade	Notes
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CAP 325: Professional Practice and Ethics in Counseling 3 C

Historical Awareness (H) 3

Term hours subtotal: 6

Term 6 - A 63 - 69 Credit Hours	Hours	Minimum Grade	Notes
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CAP 340: Multicultural Counseling Theory and Practice 3

Elective 3


Term hours subtotal: 6

- Build your professional connections -- join the [ASU Mentor Network](#).

Term 6 - B 69 - 75 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 320: Theories of Counseling and Psychotherapy 3 C

Elective 3

 Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).


Term hours subtotal: 6

Term 7 - A 75 - 81 Credit Hours	Hours	Minimum Grade	Notes
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PSY 366: Psychological Disorders (SB) 3 C

Elective 3

Term hours subtotal: 6

Term 7 - B 81 - 87 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 335: Addiction Group Counseling 3 C

Upper Division Literacy and Critical Inquiry (L) 3

Term hours subtotal: 6

- Use Handshake to research [employment opportunities](#).

Term 8 - A 87 - 93 Credit Hours	Hours	Minimum Grade	Notes
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CAP 351: Issues in Assessment, Diagnosis and Treatment 3 C

Elective 3

Term hours subtotal: 6

Term 8 - B 93 - 99 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ CAP 440: Addictions II: Treatment, Recovery and Relapse Prevention	3	C	<ul style="list-style-type: none"> Gather professional references. Apply for full-time career opportunities
Upper Division Elective	3		
Term hours subtotal:	6		

Term 9 - A 99 - 105 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ PSY 470: Psychopharmacology	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		

Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
CAP 484: Internship	3	C	
Elective	3		
Term hours subtotal:	6		

Term 10 - A 111 - 117 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Upper Division Counseling and Applied Psychological Sciences Courses	3	C	
Elective	3		
Term hours subtotal:	6		

Term 10 - B 117 - 120 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Counseling and Applied Psychological Sciences Courses	3	C	
Term hours subtotal:	3		

Hide Course List(s)/Track Group(s)

Counseling and Applied Psychological Sciences Courses

CAP 315: Trauma and Crisis Intervention

CAP 330: Group Counseling

CAP 342: Community Outreach, Prevention and Intervention

CAP 400: Advanced Counseling Research Methods

CAP 420: School Counseling

CAP 494: Combat Trauma

CAP 494: Counseling Military Veterans

FAS 331: Modern Family Relationships (SB)

FAS 370: Family Ethnic and Cultural Diversity (SB & C)

JUS 305: Principles of Justice Studies (SB)

PSY 304: Effective Thinking (L)

PSY 315: Personality Theory and Research (SB)

PSY 320: Learning and Motivation

PSY 323: Sensation and Perception

PSY 324: Memory and Cognition

PSY 325: Physiological Psychology

PSY 330: Statistical Methods (CS)

PSY 341: Developmental Psychology (SB)

PSY 350: Social Psychology (SB)

PSY 369: Biology of Human Sexuality

PSY 370: Interpersonal Relationships (SB)

PSY 385: Psychology of Gender (SB)

PSY 399: Supervised Research

PSY 425: Biological Bases of Behavior (L)

PSY 444: Adolescent Psychology and Psychopathology

PSY 447: Psychology of Aging (SB)

PSY 472: Clinical Psychology

PSY 499: Individualized Instruction

SOC 315: Sociology of Dating, Relationships and Marriage (SB)

Notes:

- First-Year Composition: All students are placed in ENG 101 unless submission of SAT, ACT, Accuplacer, IELTS, or TOEFL score, or college-level transfer credit or test credit equivalent to ASU's first-year composition course(s), determine otherwise. Students on Polytechnic, Downtown Phoenix and West Campuses are encouraged to complete the Directed Self-Placement survey to choose the first-year composition option they believe best suits their needs. Visit: <https://cisa.asu.edu/DSP>
- Mathematics Placement Assessment score determines placement in first mathematics course.

Total Hours: 120

Upper Division Hours: 45 minimum

Major GPA: 2.00 minimum

Cumulative GPA: 2.00 minimum

Total hrs at ASU: 30 minimum

Hrs Resident Credit for

Academic Recognition: 56 minimum

Total Community College Hrs: 64 maximum

General University Requirements Legend

General Studies Core Requirements:

- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)

- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:

- Cultural Diversity in the U.S. (C)
- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed next to courses on the major map were valid for the 2022 - 2023 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.