













2024 - 2025 Major Map

Counseling and Applied Psychological Science (Substance Abuse and Addictions), **BS**

School/College: College of Integrative Sciences and Arts
LSCAPSAABS

Term 1 - A 0 - 7 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 120: Introduction to Counseling (SOBE OR SB)	3	C	<ul style="list-style-type: none"> • Completion of ASU 10 or ASU 11 or ASU 42 is highly recommended prior to beginning your first session of classes at ASU. • ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. • Select your career interest communities and play me3@ASU.
ASU 101-CLS: The ASU Experience	1		
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 MAT 119: Finite Mathematics (MATH OR MA) OR MAT 170: Precalculus (MATH OR MA)	3	C	<ul style="list-style-type: none"> • View ASU Online first-year student registration information here.
 PSY 101: Introduction to Psychology (SOBE OR SB)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 19 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 220: Self in a Multicultural Society (SOBE OR C)	3	C	
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Term hours subtotal:	6		
Term 2 - B 19 - 24 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 PSY 230: Introduction to Statistics (QTRS OR CS)	3	C	
Elective	2		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	5		
Term 3 - A 24 - 31 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CAP 240: Counseling Skills	3	C	
Scientific Thinking in Natural Sciences (SCIT)	4		
Term hours subtotal:	7		
Term 3 - B 31 - 38 Credit Hours	Hours	Minimum Grade	Notes
CAP 290: Research Methods in Counseling and Psychology	4	C	<ul style="list-style-type: none"> • Secure a part-time job or volunteer experience.
Humanities, Arts and Design (HUAD)	3		

Complete Mathematics (MATH) requirement.

Term hours subtotal: 7

Term 4 - A 38 - 45 Credit Hours	Hours	Minimum Grade	Notes
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BIO 181: General Biology I (SCIT OR SQ)

4

C

Sustainability (SUST)

3

Term hours subtotal: 7

Term 4 - B 45 - 51 Credit Hours  Critical course signified by	Hours	Minimum Grade	Notes
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 CED 250: Career Development (L)

3

C

Humanities, Arts and Design (HUAD)

3

Term hours subtotal: 6

Term 5 - A 51 - 57 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 310: Addictions I: Foundations and Basic Principles

3

C

Global Communities, Societies and Individuals (GCSI)

3

Term hours subtotal: 6

Term 5 - B 57 - 63 Credit Hours	Hours	Minimum Grade	Notes
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CAP 325: Professional Practice and Ethics in Counseling

3

C

Governance and Civic Engagement (CIVI)

3

Term hours subtotal: 6

Term 6 - A 63 - 69 Credit Hours	Hours	Minimum Grade	Notes
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CAP 340: Multicultural Counseling Theory and Practice

3

C

Elective

3

Term hours subtotal: 6

Term 6 - B 69 - 75 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 320: Theories of Counseling and Psychotherapy

3

C

Elective

3

Term hours subtotal: 6

Term 7 - A 75 - 81 Credit Hours	Hours	Minimum Grade	Notes
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PSY 366: Psychological Disorders (SOBE OR SB)

3

C

Elective

3

Term hours subtotal: 6

Term 7 - B 81 - 87 Credit Hours  Necessary course signified by	Hours	Minimum Grade	Notes
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 CAP 335: Addiction Group Counseling

3

C

Upper Division Elective

3

Term hours subtotal: 6

• Use Handshake to research employment opportunities.

Term 8 - A 87 - 93 Credit Hours	Hours	Minimum Grade	Notes
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CAP 351: Issues in Assessment, Diagnosis and Treatment

3

C

Elective

3

Term hours subtotal: 6

Term 8 - B 93 - 99 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ CAP 440: Addictions II: Treatment, Recovery and Relapse Prevention	3	C	<ul style="list-style-type: none"> Gather professional references. Apply for full-time career opportunities
Upper Division Elective	3		
Term hours subtotal:	6		
Term 9 - A 99 - 105 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ PSY 470: Psychopharmacology	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		
Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
CAP 484: Internship	3	C	
Elective	3		
Term hours subtotal:	6		
Term 10 - A 111 - 117 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Upper Division Counseling and Applied Psychological Sciences Courses	3	C	
American Institutions (AMIT)	3		
Term hours subtotal:	6		
Term 10 - B 117 - 120 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Counseling and Applied Psychological Sciences Courses	3	C	
Term hours subtotal:	3		

Hide Course List(s)/Track Group(s)

Counseling and Applied Psychological Sciences Courses
CAP 315: Trauma and Crisis Intervention
CAP 330: Group Counseling
CAP 342: Community Outreach, Prevention and Intervention
CAP 400: Advanced Counseling Research Methods
CAP 420: School Counseling
CAP 494: Combat Trauma
CAP 494: Counseling Military Veterans
SOC 315: Sociology of Dating, Relationships and Marriage (SOBE OR SB)

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- University Undergraduate Graduation Requirements

Notes:

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.