2024 - 2025 Major Map

Counseling and Applied Psychological Science, BS

School/College: College of Integrative Sciences and Arts

LSCAPSBS

Term 1 0 - 15 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ CAP 120: Introduction to Counseling (SOBE OR SB)	3	C	• ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students • Select your career interest communities and play me3@ASU.
⬥ MAT 119: Finite Mathematics (MATH OR MA) OR MAT 170: Precalculus (MATH OR MA)	3	C	
⬥ PSY 101: Introduction to Psychology (SOBE OR SB)	3	C	
ASU 101-CLS: The ASU Experience	1		
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
Elective	2		
Term hours subtotal:	15		

Term 2 15 - 31 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ CAP 240: Counseling Skills	3	C	• Join a student club or professional organization.
⬥ PSY 230: Introduction to Statistics (QTRS OR CS)	3	C	
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
Scientific Thinking in Natural Sciences (SCIT)	4		
Elective	3		
⬥ Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	16		

Term 3 31 - 47 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ CAP 220: Self in a Multicultural Society (SOBE OR C)	3	C	• Secure a part-time job or volunteer experience.
CAP 290: Research Methods in Counseling and Psychology	4	C	
Governance and Civic Engagement (CIVI)	3		
Sustainability (SUST)	3		
Elective	3		
Complete Mathematics (MATH) requirement.			
Term hours subtotal:	16		

Term 4 47 - 60 Credit Hours Critical course signified by ⬥	Hours	Minimum Grade	Notes
⬥ ABS OR BIO OR MIC Elective AND Scientific Thinking in Natural Sciences (SCIT)	4	C	
Global Communities, Societies and Individuals (GCSI)	3		
Humanities, Arts and Design (HUAD)	3		
Elective	3		

	Hours		
Term hours subtotal:	13		

Term 5 60 - 75 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ CAP 310: Addictions I: Foundations and Basic Principles	3	C	
CED 250: Career Development (L)	3	C	
PSY 366: Psychological Disorders (SOBE OR SB)	3	C	
Upper Division Counseling and Applied Psychological Sciences A Course	3	C	
Upper Division Counseling and Applied Psychological Sciences B Course	3	C	
Term hours subtotal:	15		

Term 6 75 - 90 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ CAP 320: Theories of Counseling and Psychotherapy	3	C	• Use Handshake to research employment opportunities.
Upper Division Counseling and Applied Psychological Sciences A Course	3	C	
Upper Division Counseling and Applied Psychological Sciences B Course	3	C	
Upper Division Elective	3		
Elective	3		
Term hours subtotal:	15		

Term 7 90 - 105 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ Upper Division Counseling and Applied Psychological Sciences A Course	3	C	• Gather professional references.
⭐ Upper Division Counseling and Applied Psychological Sciences B Course	3	C	• Apply for full-time career opportunities.
Complete 2 courses: Upper Division Elective	6		
Elective	3		
Term hours subtotal:	15		

Term 8 105 - 120 Credit Hours Necessary course signified by ⭐	Hours	Minimum Grade	Notes
⭐ CAP 484: Internship	3	C	
Upper Division Counseling and Applied Psychological Sciences A Course	3	C	
Upper Division Counseling and Applied Psychological Sciences B Course	3	C	
American Institutions (AMIT)	3		
Humanities, Arts and Design (HUAD)	3		
Term hours subtotal:	15		

Hide Course List(s)/Track Group(s)

Counseling and Applied Psychological Sciences A Courses	Counseling and Applied Psychological Sciences B Courses
CAP 315: Trauma and Crisis Intervention	CAP 345: Social Issues in Counseling and Psychology
CAP 325: Professional Practice and Ethics in Counseling	

CAP 330: Group Counseling

CAP 335: Addiction Group Counseling

CAP 340: Multicultural Counseling Theory and Practice

CAP 342: Community Outreach, Prevention and Intervention

CAP 345: Social Issues in Counseling and Psychology

CAP 351: Issues in Assessment, Diagnosis and Treatment

CAP 400: Advanced Counseling Research Methods

CAP 420: School Counseling

CAP 440: Addictions II: Treatment, Recovery and Relapse Prevention

CAP 494: Combat Trauma

CAP 494: Counseling Military Veterans

CDE 414: The School-Aged Child: Development in the Elementary Years

FAS 331: Modern Family Relationships (SOBE OR SB)

FAS 370: Family Ethnic and Cultural Diversity (CIVI OR SB & C)

JUS 305: Principles of Justice Studies (SB)

PSY 304: Effective Thinking (L)

PSY 315: Personality Theory and Research (SOBE OR SB)

PSY 320: Learning and Motivation

PSY 323: Sensation and Perception

PSY 324: Memory and Cognition

PSY 325: Physiological Psychology

PSY 330: Statistical Methods (QTRS OR CS)

PSY 341: Developmental Psychology (SOBE OR SB)

PSY 369: Biology of Human Sexuality

PSY 370: Interpersonal Relationships (SOBE OR SB)

PSY 385: Psychology of Gender (SOBE OR SB)

PSY 399: Supervised Research

PSY 425: Biological Bases of Behavior (L)

PSY 444: Adolescent Psychology and Psychopathology

PSY 447: Psychology of Aging (SB)

PSY 465: Psychology of Stress and Coping

PSY 470: Psychopharmacology

PSY 472: Clinical Psychology

PSY 499: Individualized Instruction

SOC 315: Sociology of Dating, Relationships and Marriage (SOBE OR SB)

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- University Undergraduate Graduation Requirements

Notes:

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.