
















## 2024 - 2025 Major Map



### Health Education and Health Promotion, BS



School/College: College of Health Solutions  
NHHEHPBS



Term 1 0 - 16 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CHS 101: The ASU Experience for Health Solutions Students	1		<ul style="list-style-type: none"> <li>ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. College of Health Solutions students take CHS 101 to fulfill this requirement.</li> <li>First-year students must take CHS 100; students who enter with more than 30 hours must take CHS 300 instead.</li> <li>Students who plan to apply to a graduate program after graduation may wish to take a higher level math than is required for this degree. If the student decides to do so, but tests into MAT 117 in term 1, an elective later in the program may be used to take a higher level math.</li> </ul>
CHS 100: Optimizing Your Health and Performance (SOBE OR SB) OR CHS 300: An Exploration of Well-Being (SOBE OR SB)	3	C	
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
HEP 102: Foundations of Health Education and Health Promotion	3	C	
MAT 117: College Algebra (MATH OR MA) OR MAT 142: College Mathematics (MATH OR MA)	3	C	
Global Communities, Societies and Individuals (GCSI)	3		
Term hours subtotal:	16		
Term 2 16 - 31 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 HEHP Major Elective	3	C	<ul style="list-style-type: none"> <li>Students who enter the major with fewer than 45 hours must take HEP 100; those who enter with at least 45 hours may take EXW 302.</li> <li>Visit the <a href="#">CHS website</a> for current student resources including forms and policies, advising appointment scheduling, internship information, and more.</li> <li>Join a <a href="#">student club</a> or professional organization.</li> <li>Create a first draft <a href="#">resume</a>.</li> </ul>
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	
HEP 100: Introduction to Health and Wellness (SOBE OR SB) OR EXW 302: Fundamentals of Wellness	3	C	
Humanities, Arts and Design (HUAD)	3		
Elective	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	15		
Term 3 31 - 47 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 BIO 160: Introduction to Anatomy and Physiology (SCIT OR SQ)	4	C	<ul style="list-style-type: none"> <li>Develop your <a href="#">skills</a>.</li> <li>Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take BIO 201 in Term 3 instead of BIO 160, and BIO 202 in Term 4 instead of an elective.</li> </ul>
Humanities, Arts and Design (HUAD)	3		
Sustainability (SUST)	3		
Complete 2 courses: Elective	6		
 Complete HEP 102 course with a grade of "C" or better.			
 Complete Mathematics (MATH) requirement.			
Complete First-Year Composition requirement.			
Term hours subtotal:	16		

Term 4 47 - 61 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 CHS 340: Health Theory	3	C	<ul style="list-style-type: none"> <li>Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take CHM 113. They should also take BIO 201 in Term 3 instead of BIO 160, and BIO 202 in Term 4 instead of an elective.</li> </ul>
CHM 107: Chemistry and Society (SCIT OR SQ) AND CHM 108: Chemistry and Society Laboratory (SCIT OR SQ) OR CHM 101: Introductory Chemistry (SCIT OR SQ) OR CHM 113: General Chemistry I (SCIT OR SQ) OR BIO 181: General Biology I (SCIT OR SQ)	4	C	
Complete 2 courses:	7		
Elective			
Term hours subtotal:	14		

Term 5 61 - 76 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HCD 300: Biostatistics (QTRS OR CS) OR SOC 390: Social Statistics I (QTRS OR CS) OR STP 226: Elements of Statistics (QTRS OR CS)	3	C	<ul style="list-style-type: none"> <li>Select an HEHP major elective from the list at the bottom of the major map.</li> <li>HEP 386 fulfills the college's experiential learning requirement.</li> <li>Develop your <b>professional online presence</b>.</li> </ul>
 HEP 348: Methods of Health Education	3	C	
 HEP 386: Assessing Strengths and Needs for Health Education and Promotion	3	C	
NTR 100: Introduction to Nutrition Science OR NTR 241: Human Nutrition	3	C	
HEHP Major Elective	3	C	
Term hours subtotal:	15		

Term 6 76 - 91 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HEP 454: Health Promotion Program Planning and Implementation (L)	3	C	<ul style="list-style-type: none"> <li>Complete an in person or virtual <b>practice interview</b>.</li> <li>Visit the <b>CHS website</b> to learn more about internship opportunities.</li> </ul>
HEP 444: Epidemiology	3	C	
HEP 452: Health Advocacy in Health Education	3	C	
HEP 466: Health Promotion Program Management and Administration	3	C	
Upper Division Elective OR CHS 484: Internship OR HEP 484: Internship	3		
Term hours subtotal:	15		

Term 7 91 - 106 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 Upper Division HEHP Major Elective	3	C	<ul style="list-style-type: none"> <li>Choose a track in either Clinical Health Education Specialist or Community Health Education Specialist and select a course from the appropriate track list below.</li> <li>Select an upper division HEHP major elective from the list below.</li> <li>Courses used to count toward a track cannot be used as an HEHP major elective.</li> <li>Apply for <b>full-time career opportunities</b>.</li> </ul>
EXW 450: Social Determinants of Health and Health Behavior (CIVI OR (L or SB) & C)	3	C	
Track Course	3	C	
American Institutions (AMIT)	3		
Upper Division Elective	3		
Term hours subtotal:	15		

Term 8 106 - 120 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HEP 476: Community Health	3	C	<ul style="list-style-type: none"> <li>Students should follow the same track list they chose from in Term 7.</li> </ul>
HEP 490: CHES Exam Preparation	1	C	
Complete 2 courses:	6	C	
Upper Division Track Course			

Upper Division Elective	2
Elective	2
Term hours subtotal:	14

- Courses used to count toward a track cannot be used as an HEHP major elective.

- Courses used to count toward a track cannot be used as an HEHP major elective.

#### Hide Course List(s)/Track Group(s)

HEHP Major Electives	Clinical Health Education Specialist Track	Community Health Education Specialist Track
CHS 484: Internship	HEP 371: Conflict Management and Mediation and Violence Prevention or HEP 443: Emotional Health and Interpersonal Relationships	HEP 303: Human Sexuality for Health Education
EXW 335: Physical Activity and Physiological Concepts	HEP 394: Diabetes Prevention & Management	HEP 361: Digital Health Communication and Education
EXW 344: Impact of Physical Activity on Health and Disease (L)	HEP 251: Preventing HIV and Substance Misuse or HEP 394: Health Advocacy for Special Populations	HEP 394: Health and Climate Change
EXW 400: Stress Management for Wellness		
HEP 241: Health Education Methods for Injury Prevention and Preparedness		
HEP 251: Preventing HIV and Substance Misuse		
HEP 303: Human Sexuality for Health Education		
HEP 350: Substance Use and Addictive Behaviors		
HEP 361: Digital Health Communication and Education		
HEP 371: Conflict Management and Mediation and Violence Prevention		
HEP 380: Body Image and Wellness		
HEP 394: Diabetes Prevention & Management		
HEP 394: Health Advocacy for Special Populations		
HEP 394: Health and Climate Change		
HEP 410: Obesity Perspectives and Prescriptions		
HEP 443: Emotional Health and Interpersonal Relationships		
HEP 448: Foundations of School Health Education		
HEP 456: Health Promotion Program Evaluation		
MED 325: Elements of Hospice and Palliative Care		
MED 375: Alzheimer's and Other Dementias (SB)		

MED 475: Palliative Care: Managing  
Complex Serious Illness

---

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- **University Undergraduate Graduation Requirements**

**Notes:**

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.