











2023 - 2024 Major Map

Health Education and Health Promotion, BS



School/College: College of Health Solutions
NHHEHPBS



Term 1 - A 0 - 7 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CHS 101: The ASU Experience for Health Solutions Students	1		<ul style="list-style-type: none"> ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. College of Health Solutions students take CHS 101 to fulfill this requirement.
HEP 102: Foundations of Health Education and Health Promotion	3	C	
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
CHS 100: Optimizing Your Health and Performance (SB) OR	3	C	<ul style="list-style-type: none"> First-year students must take CHS 100; students who enter with more than 30 hours must take CHS 300 instead. View ASU Online first-year student registration information here. Create a first draft resume.
CHS 300: An Exploration of Well-Being (SB)			
MAT course (MA) (MAT 142 recommended)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 19 Credit Hours	Hours	Minimum Grade	Notes
ENG 101 or ENG 102: First-Year Composition OR			<ul style="list-style-type: none"> Students who enter the major with fewer than 45 hours must take HEP 100; those who enter with at least 45 hours may take EXW 302. Visit the CHS Student Site for resources, appointment scheduling, internship information, etc.
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
EXW 302: Fundamentals of Wellness (L) OR HEP 100: Introduction to Health and Wellness (SB)	3	C	
Term hours subtotal:	6		
Term 2 - B 19 - 25 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 HEHP Major Elective	3	C	<ul style="list-style-type: none"> Select an HEHP major elective from the list below. Join a student club or professional organization.
Humanities, Arts and Design (HU) AND Historical Awareness (H)	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	6		
Term 3 - A 25 - 32 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 BIO 160: Introduction to Anatomy and Physiology (SQ)	4	C	<ul style="list-style-type: none"> Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS
Elective	3		
Term hours subtotal:	7		



clinical graduate program should take BIO 201 in Term 3A instead of BIO 160, and BIO 202 in Term 3B.

Term 3 - B 32 - 38 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
Humanities, Arts and Design (HU) AND Global Awareness (G)	3		<ul style="list-style-type: none"> • Develop your skills. • Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take BIO 201 in Term 3A, instead of BIO 160, and BIO 202 in Term 3B as an elective.
Elective	3		
 Complete HEP 102 course with a grade of "C" or better.			
 Complete Mathematics (MA) requirement.			
Complete First-Year Composition requirement.			
Term hours subtotal:	6		

Term 4 - A 38 - 45 Credit Hours	Hours	Minimum Grade	Notes
CHM 107: Chemistry and Society (SQ) AND CHM 108: Chemistry and Society Laboratory (SQ) OR CHM 101: Introductory Chemistry (SQ) OR CHM 113: General Chemistry I (SQ) OR BIO 181: General Biology I (SQ)	4	C	<ul style="list-style-type: none"> • Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take CHM 113.
Elective	3		
Term hours subtotal:	7		

Term 4 - B 45 - 51 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CHS 340: Health Theory	3	C	<ul style="list-style-type: none"> • Secure a part-time job or volunteer experience.
NTR 100: Introduction to Nutrition Science OR NTR 241: Human Nutrition	3	C	
Term hours subtotal:	6		

Term 5 - A 51 - 57 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 HCD 300: Biostatistics (CS) OR SOC 390: Social Statistics I (CS) OR STP 226: Elements of Statistics (CS)	3	C	
Elective	3		
Term hours subtotal:	6		

Term 5 - B 57 - 63 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 HEP 386: Assessing Strengths and Needs for Health Education and Promotion	3	C	<ul style="list-style-type: none"> • HEP 386 fulfills the college's experiential learning requirement. • Develop your professional online presence.
Elective	3		
Term hours subtotal:	6		

Term 6 - A 63 - 69 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 HEP 348: Methods of Health Education	3	C	
Social-Behavioral Sciences (SB)	3		
Term hours subtotal:	6		

Term 6 - B 69 - 75 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
HEHP Major Elective	3	C	<ul style="list-style-type: none"> • Select an HEHP major elective from the list below.
Elective	3		
 Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).			

Term hours subtotal: 6

Term 7 - A 75 - 81 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ HEP 454: Health Promotion Program Planning and Implementation (L)	3	C	
HEP 444: Epidemiology	3	C	

Term hours subtotal: 6

Term 7 - B 81 - 87 Credit Hours	Hours	Minimum Grade	Notes
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HEP 452: Health Advocacy in Health Education	3	C	
Elective	3		

Term hours subtotal: 6

Term 8 - A 87 - 93 Credit Hours	Hours	Minimum Grade	Notes
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EXW 450: Social Determinants of Health and Health Behavior ((L or SB) & C)	3	C	
HEP 466: Health Promotion Program Management and Administration	3	C	

Term hours subtotal: 6

Term 8 - B 93 - 100 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ HEP 476: Community Health	3	C	
HEP 490: CHES Exam Preparation	1	C	
Upper Division Humanities, Arts and Design (HU) OR Upper Division Social-Behavioral Sciences (SB)	3		

Term hours subtotal: 7

Term 9 - A 100 - 106 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Upper Division HEHP Major Elective	3	C	
Track Course	3	C	

Term hours subtotal: 6

- Complete an in person or virtual practice interview.

- Apply for full-time career opportunities.
- Select an upper division HEHP major elective from the list below.
- Choose a track in either Clinical Health Education Specialist or Community Health Education Specialist, and select a course from the appropriate track list below.
- Courses used to count toward a track cannot be used as an HEHP major elective.

Term 9 - B 106 - 114 Credit Hours	Hours	Minimum Grade	Notes
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Upper Division Track Course	3	C	
Upper Division Elective	2		
Elective	3		

Term hours subtotal: 8

- Students should select a course from the same track list they chose in Term 9A.
- Courses used to count toward a track cannot be used as an HEHP major elective.

Term 10 - A 114 - 120 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Upper Division Track Course	3	C	
Upper Division Elective	3		

Term hours subtotal: 6

- Students should continue to follow the same track list.

- Courses used to count toward a track cannot be used as an HEHP major elective.

- Courses used to count toward a track cannot be used as an HEHP major elective.

Hide Course List(s)/Track Group(s)

Clinical Health Education Specialist Track	Community Health Education Specialist Track	HEHP Major Electives
HEP 251: Preventing HIV and Substance Misuse or HEP 394: Health Advocacy for Special Populations	HEP 303: Human Sexuality for Health Education	EXW 335: Physical Activity and Physiological Concepts
HEP 371: Conflict Management and Mediation and Violence Prevention or HEP 443: Emotional Health and Interpersonal Relationships	HEP 361: Digital Health Communication and Education	EXW 344: Impact of Physical Activity on Health and Disease (L)
HEP 394: Diabetes Prevention & Management	HEP 394: Health and Climate Change	EXW 400: Stress Management for Wellness
		HEP 241: Health Education Methods for Injury Prevention and Preparedness
		HEP 251: Preventing HIV and Substance Misuse
		HEP 303: Human Sexuality for Health Education
		HEP 350: Substance Use and Addictive Behaviors
		HEP 361: Digital Health Communication and Education
		HEP 371: Conflict Management and Mediation and Violence Prevention
		HEP 380: Body Image and Wellness
		HEP 394: Diabetes Prevention & Management
		HEP 394: Health Advocacy for Special Populations
		HEP 394: Health and Climate Change
		HEP 443: Emotional Health and Interpersonal Relationships
		HEP 448: Foundations of School Health Education
		HEP 456: Health Promotion Program Evaluation
		HEP 410: Obesity Perspectives and Prescriptions

Notes:

- First-Year Composition: All students are placed in ENG 101 unless submission of SAT, ACT, Accuplacer, IELTS, or TOEFL score, or college-level transfer credit or test credit equivalent to ASU's first-year composition course(s), determine otherwise. Students on Polytechnic, Downtown Phoenix and West Campuses are encouraged to complete the Directed Self-Placement survey to choose the first-year composition option they believe best suits their needs. Visit: <https://cisa.asu.edu/DSP>

- Mathematics Placement Assessment score determines placement in first mathematics course.

Total Hours: 120

Upper Division Hours: 45 minimum

Major GPA: 2.00 minimum

Cumulative GPA: 2.00 minimum

Total hrs at ASU: 30 minimum

Hrs Resident Credit for

Academic Recognition: 56 minimum

Total Community College Hrs: 64 maximum

General University Requirements Legend

General Studies Core Requirements:

- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)
- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:

- Cultural Diversity in the U.S. (C)
- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed next to courses on the major map were valid for the 2023 - 2024 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.