











## 2024 - 2025 Major Map

### Health Education and Health Promotion, BS



School/College: College of Health Solutions  
NHHEHPBS

Term 1 - A 0 - 7 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 CHS 101: The ASU Experience for Health Solutions Students	1		<ul style="list-style-type: none"> <li>ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. College of Health Solutions students take CHS 101 to fulfill this requirement.</li> </ul>
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
HEP 102: Foundations of Health Education and Health Promotion	3	C	
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
CHS 100: Optimizing Your Health and Performance (SOBE OR SB) OR CHS 300: An Exploration of Well-Being (SOBE OR SB)	3	C	<ul style="list-style-type: none"> <li>First-year students must take CHS 100; students who enter with more than 30 hours must take CHS 300 instead.</li> <li>View ASU Online first-year student registration information <a href="#">here</a>.</li> <li>Create a first draft <a href="#">resume</a>.</li> </ul>
MAT 117: College Algebra (MATH OR MA) OR MAT 142: College Mathematics (MATH OR MA)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 19 Credit Hours	Hours	Minimum Grade	Notes
ENG 101 or ENG 102: First-Year Composition OR			<ul style="list-style-type: none"> <li>Students who enter the major with fewer than 45 hours must take HEP 100; those who enter with at least 45 hours may take EXW 302.</li> <li>Visit the <a href="#">CHS website</a> for current student resources including forms and policies, advising appointment scheduling, internship information, and more.</li> </ul>
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
EXW 302: Fundamentals of Wellness OR HEP 100: Introduction to Health and Wellness (SOBE OR SB)	3	C	
Term hours subtotal:	6		
Term 2 - B 19 - 25 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 HEHP Major Elective	3	C	<ul style="list-style-type: none"> <li>Select an HEHP major elective from the list at the bottom of the major map.</li> <li>Join a <a href="#">student club</a> or professional organization.</li> </ul>
Humanities, Arts and Design (HUAD)	3		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	6		
Term 3 - A 25 - 32 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 BIO 160: Introduction to Anatomy and Physiology (SCIT OR SQ)	4	C	<ul style="list-style-type: none"> <li>Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take BIO</li> </ul>
Elective	3		
Term hours subtotal:	7		



201 in Term 3A instead of BIO 160, and  
BIO 202 in Term 3B.

Term 3 - B 32 - 38 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
Global Communities, Societies and Individuals (GCSI)	3		<ul style="list-style-type: none"> <li>Develop your <b>skills</b>.</li> <li>Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take BIO 201 in Term 3A, instead of BIO 160, and BIO 202 in Term 3B as an elective.</li> </ul>
Humanities, Arts and Design (HUAD)	3		
 Complete HEP 102 course with a grade of "C" or better.			
 Complete Mathematics (MATH) requirement.			
Complete First-Year Composition requirement.			
Term hours subtotal:	6		

Term 4 - A 38 - 45 Credit Hours	Hours	Minimum Grade	Notes
CHM 107: Chemistry and Society (SCIT OR SQ) AND CHM 108: Chemistry and Society Laboratory (SCIT OR SQ) OR CHM 101: Introductory Chemistry (SCIT OR SQ) OR CHM 113: General Chemistry I (SCIT OR SQ) OR BIO 181: General Biology I (SCIT OR SQ)	4	C	<ul style="list-style-type: none"> <li>Students who are planning to apply to graduate school for medicine, physical therapy, occupational therapy, dentistry, optometry or physician assistant or to a CHS clinical graduate program should take CHM 113.</li> </ul>
Elective	3		
Term hours subtotal:	7		

Term 4 - B 45 - 51 Credit Hours <b>Critical course signified by</b> 	Hours	Minimum Grade	Notes
 CHS 340: Health Theory	3	C	<ul style="list-style-type: none"> <li>Secure a <b>part-time job</b> or <b>volunteer experience</b>.</li> </ul>
NTR 100: Introduction to Nutrition Science OR NTR 241: Human Nutrition	3	C	
Term hours subtotal:	6		

Term 5 - A 51 - 57 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HCD 300: Biostatistics (QTRS OR CS) OR SOC 390: Social Statistics I (QTRS OR CS) OR STP 226: Elements of Statistics (QTRS OR CS)	3	C	
Sustainability (SUST)	3		
Term hours subtotal:	6		

Term 5 - B 57 - 63 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HEP 386: Assessing Strengths and Needs for Health Education and Promotion	3	C	<ul style="list-style-type: none"> <li>HEP 386 fulfills the college's experiential learning requirement.</li> <li>Develop your <b>professional online presence</b>.</li> </ul>
Elective	3		
Term hours subtotal:	6		

Term 6 - A 63 - 69 Credit Hours <b>Necessary course signified by</b> 	Hours	Minimum Grade	Notes
 HEP 348: Methods of Health Education	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		

Term 6 - B 69 - 75 Credit Hours	Hours	Minimum Grade	Notes
HEHP Major Elective	3	C	<ul style="list-style-type: none"> <li>Select an HEHP major elective from the list at the bottom of the major map.</li> </ul>
Elective	3		
Term hours subtotal:	6		

Term 7 - A 75 - 81 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ HEP 454: Health Promotion Program Planning and Implementation (L)	3	C	
HEP 444: Epidemiology	3	C	
Term hours subtotal:	6		
Term 7 - B 81 - 87 Credit Hours	Hours	Minimum Grade	Notes
HEP 452: Health Advocacy in Health Education	3	C	
Elective	3		
Term hours subtotal:	6		
Term 8 - A 87 - 93 Credit Hours	Hours	Minimum Grade	Notes
EXW 450: Social Determinants of Health and Health Behavior (CIVI OR (L or SB) & C)	3	C	
HEP 466: Health Promotion Program Management and Administration	3	C	
Term hours subtotal:	6		
Term 8 - B 93 - 100 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ HEP 476: Community Health	3	C	<ul style="list-style-type: none"> <li>Complete an in person or virtual practice interview.</li> </ul>
HEP 490: CHES Exam Preparation	1	C	
American Institutions (AMIT)	3		
Term hours subtotal:	7		
Term 9 - A 100 - 106 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ Upper Division HEHP Major Elective	3	C	<ul style="list-style-type: none"> <li>Apply for full-time career opportunities.</li> <li>Select an upper division HEHP major elective from the list below.</li> <li>Choose a track in either Clinical Health Education Specialist or Community Health Education Specialist, and select a course from the appropriate track list below.</li> <li>Courses used to count toward a track cannot be used as an HEHP major elective.</li> </ul>
Track Course	3	C	
Term hours subtotal:	6		
Term 9 - B 106 - 114 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Track Course	3	C	<ul style="list-style-type: none"> <li>Students should select a course from the same track list they chose in Term 9A.</li> <li>Courses used to count toward a track cannot be used as an HEHP major elective.</li> </ul>
Upper Division Elective	2		
Elective	3		
Term hours subtotal:	8		
Term 10 - A 114 - 120 Credit Hours <b>Necessary course signified by</b> ★	Hours	Minimum Grade	Notes
★ Upper Division Track Course	3	C	<ul style="list-style-type: none"> <li>Students should continue to follow the same track list.</li> <li>Courses used to count toward a track cannot be used as an HEHP major elective.</li> </ul>
Upper Division Elective	3		
Term hours subtotal:	6		

- Courses used to count toward a track cannot be used as an HEHP major elective.

Hide Course List(s)/Track Group(s)

Clinical Health Education Specialist Track	Community Health Education Specialist Track	HEHP Major Electives
HEP 251: Preventing HIV and Substance Misuse or HEP 394: Health Advocacy for Special Populations	HEP 303: Human Sexuality for Health Education	EXW 335: Physical Activity and Physiological Concepts
HEP 371: Conflict Management and Mediation and Violence Prevention or HEP 443: Emotional Health and Interpersonal Relationships	HEP 361: Digital Health Communication and Education	EXW 344: Impact of Physical Activity on Health and Disease (L)
HEP 394: Diabetes Prevention & Management	HEP 394: Health and Climate Change	EXW 400: Stress Management for Wellness
		HEP 241: Health Education Methods for Injury Prevention and Preparedness
		HEP 251: Preventing HIV and Substance Misuse
		HEP 303: Human Sexuality for Health Education
		HEP 350: Substance Use and Addictive Behaviors
		HEP 361: Digital Health Communication and Education
		HEP 371: Conflict Management and Mediation and Violence Prevention
		HEP 380: Body Image and Wellness
		HEP 394: Diabetes Prevention & Management
		HEP 394: Health Advocacy for Special Populations
		HEP 394: Health and Climate Change
		HEP 443: Emotional Health and Interpersonal Relationships
		HEP 448: Foundations of School Health Education
		HEP 456: Health Promotion Program Evaluation
		HEP 410: Obesity Perspectives and Prescriptions

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- **University Undergraduate Graduation Requirements**

**Notes:**

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.

