






2024 - 2025 Major Map

Health Sciences, BS

School/College: College of Health Solutions
NHHSCBS

Term 1 - A 0 - 7 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CHS 101: The ASU Experience for Health Solutions Students	1		<ul style="list-style-type: none"> ASU 101 or college-specific equivalent First-Year Seminar required of all first-year students. College of Health Solutions students take CHS 101 to fulfill this requirement.
ENG 101 or ENG 102: First-Year Composition OR			
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
Elective	3		
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
ENG 101 or ENG 102: First-Year Composition OR			<ul style="list-style-type: none"> View ASU Online first-year student registration information here.
ENG 105: Advanced First-Year Composition OR	3	C	
ENG 107 or ENG 108: First-Year Composition			
HSC 210: Cultural Aspects of Health (GCSI OR C)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 19 Credit Hours	Hours	Minimum Grade	Notes
MAT 117: College Algebra (MATH OR MA) OR MAT 142: College Mathematics (MATH OR MA)	3	C	<ul style="list-style-type: none"> Visit the CHS website for current student resources including forms and policies, advising appointment scheduling, internship information, and more.
Sustainability (SUST)	3		
Term hours subtotal:	6		
Term 2 - B 19 - 26 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
CHS 100: Optimizing Your Health and Performance (SOBE OR SB) OR CHS 300: An Exploration of Well-Being (SOBE OR SB)	3	C	<ul style="list-style-type: none"> Join a student club or professional organization. Students who enter as first-year students must complete CHS 100; students who enter with more than 30 hours may complete CHS 300 instead.
Scientific Thinking in Natural Sciences (SCIT)	4		
 Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	7		
Term 3 - A 26 - 33 Credit Hours	Hours	Minimum Grade	Notes
HEP 102: Foundations of Health Education and Health Promotion OR NTR 100: Introduction to Nutrition Science OR POP 100: Introduction to Population Health	3	C	<ul style="list-style-type: none"> Check your degree progress and learn to run your Graduation Audit (DARS).
Scientific Thinking in Natural Sciences (SCIT)	4		
Term hours subtotal:	7		
Term 3 - B 33 - 39 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
PSY 101: Introduction to Psychology (SOBE OR SB) OR SOC 101: Introductory Sociology (SOBE OR SB)	3	C	

Humanities, Arts and Design (HUAD)	3
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❗ Complete Mathematics (MATH) requirement.

Term hours subtotal:	6
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Term 4 - A 39 - 45 Credit Hours Critical course signified by ❗	Hours	Minimum Grade	Notes
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❗ HCD 330: Health Care Systems in the U.S. (CIVI)	3	C
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Elective	3
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Term hours subtotal:	6
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Term 4 - B 45 - 51 Credit Hours	Hours	Minimum Grade	Notes
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American Institutions (AMIT)	3
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Elective	3
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Term hours subtotal:	6
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- Secure a part-time job or volunteer experience.

Term 5 - A 51 - 57 Credit Hours	Hours	Minimum Grade	Notes
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Complete 2 courses:	6
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Elective	3
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Term hours subtotal:	6
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Term 5 - B 57 - 63 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ HCD 300: Biostatistics (QTRS OR CS)	3	C
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Elective	3
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Term hours subtotal:	6
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Term 6 - A 63 - 69 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ HCD 303: Global Health Care Systems (GCSI OR G)	3	C
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Elective	3
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Term hours subtotal:	6
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- Develop your professional online presence.

Term 6 - B 69 - 75 Credit Hours	Hours	Minimum Grade	Notes
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MED 320: Applied Medical/Health Care Ethics (HUAD OR HU)	3	C
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Upper Division Elective	3
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Term hours subtotal:	6
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Term 7 - A 75 - 81 Credit Hours	Hours	Minimum Grade	Notes
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MED 300: Historical and Contemporary Issues in Health (L)	3	C
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Elective	3
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Term hours subtotal:	6
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- Use Handshake to research employment opportunities.

Term 7 - B 81 - 87 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ HSC 310: Health Communication	3	C
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Elective	3
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Term hours subtotal:	6
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- Review focus area options at bottom of major map and run your Graduation Audit (DARS) prior to enrolling in term 8A.

Term 8 - A 87 - 93 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
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★ Focus Area Course	3	C
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- Select a course from the focus area lists at bottom of major map. Students must select

HCD 400: Evidence Odyssey: Decoding Peer-Reviewed Research for Future Practice

3

C

Term hours subtotal: 6

at least three courses from a single focus area list, and can then select from any combination of the focus area lists to complete a total of 15 credit hours.

- Explore [graduate programs](#).

Term 8 - B 93 - 99 Credit Hours	Hours	Minimum Grade	Notes
Focus Area Course	3	C	<ul style="list-style-type: none"> • Select a course from the focus area lists at bottom of major map.
Upper Division Elective	3		
Term hours subtotal:	6		

Term 9 - A 99 - 105 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ MED 450: Leadership and Professionalism	3	C	<ul style="list-style-type: none"> • All CHS students must complete a minimum of three credits of experiential learning. Select a course from the experiential learning list at bottom of major map to take in Term 10A and visit the CHS website for more information on opportunities, including research and internships, specific to your major. • Apply to graduate programs.
Upper Division Elective	3		
Term hours subtotal:	6		

Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
Complete 2 courses:			<ul style="list-style-type: none"> • Select two upper division courses from the focus area lists at bottom of major map. Students must select at least three courses from a single focus area list, and can then select from any combination of the focus area lists to complete a total of 15 credit hours. • Gather professional references.
Upper Division Focus Area Course	6	C	
Term hours subtotal:	6		

Term 10 - A 111 - 117 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Experiential Learning Course	3	C	<ul style="list-style-type: none"> • Select an experiential learning course from the list at bottom of major map and visit the CHS website for more information on opportunities specific to your major.
Upper Division Elective	3		
Term hours subtotal:	6		

Term 10 - B 117 - 120 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Focus Area Course	3	C	<ul style="list-style-type: none"> • Select an upper division course from the focus area lists at bottom of major map. Students must select at least three courses from a single focus area list, and can then select from any combination of the focus area lists to complete a total of 15 credit hours.
Term hours subtotal:	3		

- Focus Areas provide students an opportunity to focus their studies in a particular area of interest or expand their knowledge in various areas. Students must select at least three courses from a single

focus area list, and can then select from any combination of the focus area lists to complete a total of 15 credit hours, nine of which must be upper division.

- Students interested in the Health and Media focus area are encouraged to take at least two MCO courses offered by the Walter Cronkite School of Journalism and Mass Communication.
- CHS students are required to complete a minimum of three credits of experiential learning coursework. A list of recommended courses is below. The [CHS website](#) also has up to date information on opportunities to fulfill this requirement, including research and internships, that are relevant to each major. Students should contact their academic advisor with any questions.
- Students who use a Focus Area course to fulfill the experiential learning requirement will need to complete an additional three credit upper division elective.

Hide Course List(s)/Track Group(s)

Community-based Health Outcomes Focus Area	Health Legislation and Regulation Focus Area	Health and Media Focus Area
HCD 420: Population Health Management	HCD 201: Economics for Health Majors	HEP 361: Digital Health Communication and Education
HEP 241: Health Education Methods for Injury Prevention and Preparedness	HCD 304: Health Care Finance	HEP 452: Health Advocacy in Health Education
HEP 466: Health Promotion Program Management and Administration	HCD 332: Population Health Policy and Legislation	MCO 307: The Digital Audience
MED 417: Impact of Violence on Health	HCD 402: Health Economics (SOBE OR SB)	MCO 375: Podcasting
PBH 422: Health Disparities and Access to Health	HCR 259: Compliance and the Health Care Industry	MCO 425: Digital Media Literacy I
	HCR 264: Regulatory Essentials of Compliance Program Design	MCO 426: Digital Media Literacy II
	HCR 360: Data Security and Privacy in Health Care Compliance	MCO 427: Misinformation and Society
	HCR 361: Risk Management in Health Care Compliance	NTR 453: Nutrition and the Media
	HSC 432: Legal Issues in Health Care	
	PAF 340: Contemporary Policy Challenges	
Integrative Care Focus Area	Mental and Behavioral Health Focus Area	Experiential Learning Course
CHS 340: Health Theory	HEP 251: Preventing HIV and Substance Misuse	The following courses are the most relevant for your major, but other options may be possible. See your advisor.
HSC 300: Complementary Health Care	HEP 350: Substance Use and Addictive Behaviors	CHS 280: Experiential Community Health and Research
HSC 355: Eating for Lifelong Health (SOBE OR SB)	HEP 380: Body Image and Wellness	CHS 394: CHS Peer Instructional Facilitator
HSC 410: Supporting the Health of Older Adults	PBH 410: Public Mental Health	CHS 484: Applied Health Experience
HSC 412: Health Issues in Later Life	PSY 366: Psychological Disorders (SOBE OR SB)	CHS 484: Citizen Science in Health
HSC 440: Health Coaching Concepts and Skills		CHS 484: Translational Research
MED 445: Prevention and Management of Chronic Disease		CHS 494: Advanced Undergraduate Teaching Assistant
		CHS 494: Undergraduate Research
		HEP 386: Assessing Strengths and Needs for Health Education and Promotion
		HSC 484: Internship

- **Total Hours:** 120
- **Upper Division Hours:** 45 minimum
- **University Undergraduate Graduation Requirements**

Notes:

Mathematics Placement Assessment score determines placement in first mathematics course.

General Studies designations listed next to courses on the major map were valid for the 2024 - 2025 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.