








2018 - 2019 Major Map



Nutrition, BS



School/College: College of Health Solutions
NHNTRBS

ASU is no longer accepting new students to this program. Students interested in nutrition should apply to the **Food and Nutrition Entrepreneurship BS** program.

Term 1 - A 0 - 7 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 ENG 101 or ENG 102: First-Year Composition OR  ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	<ul style="list-style-type: none"> • SAT, ACT, Accuplacer, IELTS or TOEFL score determines placement into first-year composition courses • ASU Mathematics Placement Assessment score determines placement in mathematics course • ASU 101 or college-specific equivalent First-Year Seminar required of all freshman students
ASU 101-UC: The ASU Experience	1		
Health & Well-Being	3	C	
Term hours subtotal:	7		
Term 1 - B 7 - 13 Credit Hours	Hours	Minimum Grade	Notes
ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition	3	C	<ul style="list-style-type: none"> • Network in your career interest area. • View ASU Online first-time freshmen registration information here
MAT course (MA)	3	C	
Term hours subtotal:	6		
Term 2 - A 13 - 20 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 CHM 101: Introductory Chemistry (SQ)	4	C	
Humanities, Arts and Design (HU) AND Global Awareness (G)	3		
Term hours subtotal:	7		
Term 2 - B 20 - 25 Credit Hours	Hours	Minimum Grade	Notes
Social-Behavioral Sciences (SB)	3		<ul style="list-style-type: none"> • Join a student club or professional organization.
Elective	2		
Complete ENG 101 OR ENG 105 OR ENG 107 course(s).			
Term hours subtotal:	5		
Term 3 - A 25 - 31 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 NTR 100: Introductory Nutrition OR NTR 241: Human Nutrition	3	C	
Social-Behavioral Sciences (SB) AND Cultural Diversity in the U.S. (C)	3		

Term hours subtotal: 6



Term 3 - B 31 - 38 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
Humanities, Arts and Design (HU)	3		<ul style="list-style-type: none"> • Develop your skills.
Elective	4		
 Complete Mathematics (MA) requirement.			
Complete First-Year Composition requirement.			
Term hours subtotal:	7		




Term 4 - A 38 - 44 Credit Hours Critical course signified by 	Hours	Minimum Grade	Notes
 STP 226: Elements of Statistics (CS) OR SWU 321: Statistics for Social Workers (CS) OR SOC 390: Social Statistics I (CS)	3	C	
Elective	3		
Term hours subtotal:	6		



Term 4 - B 44 - 51 Credit Hours	Hours	Minimum Grade	Notes
BIO 160: Introduction to Anatomy and Physiology (SQ) OR MIC 205: Microbiology (SG) AND MIC 206: Microbiology Laboratory (SG)	4	C	<ul style="list-style-type: none"> • Secure a part-time job or volunteer experience.
Historical Awareness (H)	3		
Term hours subtotal:	7		

Term 5 - A 51 - 57 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 NTR 142: Applied Food Principles	3	C	
Teamwork & Leadership in Health	3	C	
Term hours subtotal:	6		

Term 5 - B 57 - 63 Credit Hours	Hours	Minimum Grade	Notes
NTR 290: Introduction to Evidence-Based Practice (L)	3		<ul style="list-style-type: none"> • Develop your professional online presence. • NTR 290 meets the college's Health Informatics & Problem Solving competency
Elective	3		
Term hours subtotal:	6		

Term 6 - A 63 - 69 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 Professional Track Course	3	C	<ul style="list-style-type: none"> • In order to take NTR 401 in term 10B, students must take NTR 343, NTR 351 or NTR 444 in an earlier term.
MKT 390: Essentials of Marketing	3	C	
Term hours subtotal:	6		

Term 6 - B 69 - 75 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 Professional Track Course	3	C	<ul style="list-style-type: none"> • Use handshake to research employment opportunities. • In order to take NTR 401 in term 10B, students must take NTR 343, NTR 351 or NTR 444 in an earlier term.
NTR 345: Development of Healthy Cuisines	3	C	
 Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).			
Term hours subtotal:	6		

Term 7 - A 75 - 81 Credit Hours Necessary course signified by 	Hours	Minimum Grade	Notes
 Professional Track Course	3	C	

ENG 301: Writing for the Professions (L) OR TWC 301: Fundamentals of Writing for Digital Media (L)	3	C	<ul style="list-style-type: none"> In order to take NTR 401 in term 10B, students must take NTR 343, NTR 351 or NTR 444 in an earlier term.
Term hours subtotal:	6		
Term 7 - B 81 - 87 Credit Hours	Hours	Minimum Grade	Notes
Complete 2 courses:			
Upper Division Professional Track Courses	6	C	<ul style="list-style-type: none"> Gather professional references. If the course chosen to fulfill the Upper Division Professional Track Course also meets a college competency, the student will need an additional 3 credit elective to help meet University requirements.
Term hours subtotal:	6		
Term 8 - A 87 - 93 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Upper Division Track Focus Elective Course	3	C	
NTR 355: Eating for Lifelong Health (SB) OR NTR 450: Nutrition in the Life Cycle (SB)	3	C	
Term hours subtotal:	6		
Term 8 - B 93 - 99 Credit Hours	Hours	Minimum Grade	Notes
NTR 360: Entrepreneurship and Value Creation	3	C	<ul style="list-style-type: none"> In order to take NTR 401 in term 10B, students must take NTR 343, NTR 351 or NTR 444 in an earlier term. If the course chosen to fulfill the Upper Division Professional Track Course also meets a college competency, the student will need an additional 3 credit elective to help meet University requirements.
Upper Division Professional Track Courses	3	C	
Term hours subtotal:	6		
Term 9 - A 99 - 105 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ Upper Division Track Focus Elective Course	3	C	<ul style="list-style-type: none"> ASU Cumulative GPA of 2.0 and 56 completed credits are required for enrollment in ACC 382 in term 9B.
Health Communication	3	C	
Term hours subtotal:	6		
Term 9 - B 105 - 111 Credit Hours	Hours	Minimum Grade	Notes
Upper Division Track Focus Elective Course	3	C	<ul style="list-style-type: none"> Apply for full-time career opportunities
Upper Division Elective	3		
Term hours subtotal:	6		
Term 10 - A 111 - 117 Credit Hours Necessary course signified by ★	Hours	Minimum Grade	Notes
★ NTR 300: Computer Applications in Nutrition OR NTR 302: Digital Technologies in Nutrition Communication	3	C	
Upper Division Elective	3		
Term hours subtotal:	6		
Term 10 - B 117 - 120 Credit Hours	Hours	Minimum Grade	Notes
NTR 401: Preprofessional Preparation in Nutrition	3	C	
Term hours subtotal:	3		

- All undergraduate students pursuing a BS degree in the College of Health Solutions must complete one course in each of four competency areas: Health & Well-Being, Health Communication, Health Informatics & Problem Solving, and Teamwork & Leadership in Health. No course may be used to fill more than one competency area for a student. For purposes of graduation, the only courses that will satisfy the Health & Well-Being category are CHS 100 and (for transfer students with more than 45 hours) CHS 300.
- If the course chosen to fulfill the Upper Division Food Studies Professional Track also meets a college competency, the student will need an additional 3 credit elective to help meet University requirements.

Hide Course List(s)/Track Group(s)

Health & Well-Being	Teamwork & Leadership in Health	Health Communication
CHS 100: Designing Your Well-Being (SB)	EXW 320: Management and Leadership in Exercise and Wellness	EXW 450: Social Determinants of Health and Health Behavior ((L or SB) & C)
CHS 300: The Science of Well-Being	EXW 466: Health Promotion Program Management and Administration	EXW 452: Health Advocacy in Health Education
		HCD 210: Cultural Aspects of Health (C)
		HCD 310: Health Communication
		NTR 351: Nutrition Communication (L)
Food Studies Professional Track	Food Studies Track Electives	Nutrition Communication Professional Track
AGB 420: Food Advertising and Promotion	ABS 360: Southwest Home Gardening	COM 100: Introduction to Human Communication (SB)
NTR 320: History of Human Nutrition	AGB 425: Food Supply Networks	COM 207: Introduction to Communication Inquiry
NTR 348: Cultural Aspects of Food (SB & C & G)	AGB 445: Food Retailing	COM 225: Public Speaking (L)
NTR 351: Nutrition Communication (L)	AGB 456: Food Product Innovation and Development	NTR 351: Nutrition Communication (L)
NTR 353: Perspectives on the Western Diet: Food, Health and Sustainability		NTR 353: Perspectives on the Western Diet: Food, Health and Sustainability
NTR 453: Nutrition and the Media		NTR 453: Nutrition and the Media
Nutrition Communication Track Electives	Food Management Professional Track	Food Management Track Electives
COM 308: Advanced Research Methods in Communication (L)	ACC 382: Accounting and Financial Analysis	NTR 320: History of Human Nutrition
COM 319: Persuasion and Social Influence (SB)	MGT 380: Management and Strategy for Nonmajors	NTR 348: Cultural Aspects of Food (SB & C & G)
MCO 425: Digital Media Literacy I	NTR 343: Food Service Purchasing	NTR 353: Perspectives on the Western Diet: Food, Health and Sustainability
MCO 435: Social Media	NTR 344: Nutrition Management and Leadership (L)	TDM 205: Introduction to Travel and Tourism (G)
MCO 450: Visual Communication (HU)	NTR 445: Management of Food Service Systems	
NTR 320: History of Human Nutrition	NTR 455: Retail Food Service Operations	
NTR 348: Cultural Aspects of Food (SB & C & G)		
NTR 344: Nutrition Management and Leadership (L)		

Total Hours: 120

Upper Division Hours: 45 minimum

Major GPA: 2.00 minimum

Cumulative GPA: 2.00 minimum

Total hrs at ASU: 30 minimum

Hrs Resident Credit for

Academic Recognition: 56 minimum

Total Community College Hrs: 64 maximum

General University Requirements Legend

General Studies Core Requirements:

- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)
- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:

- Cultural Diversity in the U.S. (C)
- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed next to courses on the major map were valid for the 2018 - 2019 academic year. Please refer to the course catalog for current General Studies designations at time of class registration. General Studies credit is applied according to the designation the course carries at the time the class is taken.