

Human Nutrition, Minor

ECNTRMIN

Understanding the human body and how it digests and metabolizes food is one of the most vital and accessible methods for preventing and treating disease. Build a strong foundation in nutrition with a perspective on medical nutrition therapy.

Description

The minor program in human nutrition focuses on the science behind nutrition. This includes how:

- human bodies process nutrients for energy
- nutrients play important roles in health and disease
- nutritional needs change across the life span

This program also includes the medical nutrition therapy sequence, which provides students with a clear understanding of how nutrition can be used in a medical setting to prevent and treat diseases.

At a glance

- **College/School:** [College of Health Solutions](#)
- **Location:** [Downtown Phoenix](#)

Program requirements

[2024 - 2025 Minor Map](#)

[Minor Map \(Archives\)](#)

The minor requires a total of 18-19 credit hours. A minimum grade of "C" (2.00 on a 4.00 scale) is required for each course.

Required Courses -- 18 credit hours

[NTR 241: Human Nutrition](#) (3)

[NTR 341: Medical Nutrition Therapy I](#) (3)

[NTR 440: Advanced Human Nutrition I](#) (3)

[NTR 441: Advanced Human Nutrition II](#) (3)

[NTR 444: Medical Nutrition Therapy II](#) (3)

[NTR 446: Medical Nutrition Therapy III](#) or [NTR 450: Nutrition in the Life Cycle \(SOBE OR SB\)](#) (3)

Prerequisite courses may be needed in order to complete the requirements of this minor.

Enrollment requirements

GPA Requirement: 2.00

Incompatible Majors: BAS in food and nutrition entrepreneurship, BS in dietetics, BS in food and nutrition entrepreneurship, BS in nutritional science

Other Enrollment Requirements: To enroll in the courses required for the minor, students must complete the following courses:

BCH 361 Advanced Principles of Biochemistry

BIO 201 Human Anatomy and Physiology I

BIO 202 Human Anatomy and Physiology II

CHM 101 Introductory Chemistry

CHS 260 Health Professions Terminology

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major or the minor program. Courses taken for the minor may not count toward both the major and minor.

Career opportunities

Minor programs allow students to develop additional competencies that complement the marketable knowledge and skills they acquire in their majors.

Knowledge obtained from this minor is useful for careers in the life sciences, biology, medicine, public health and health policy. Graduates with a minor in human nutrition have enhanced knowledge of how food is digested and metabolized in the body. This information is valuable for those pursuing careers in the health and medical field.

Contact information

[College of Health Solutions](#) | HLTHN 401AA

chs@asu.edu | 602-496-3300

