Human Nutrition, Minor

ECNTRMIN

Description

The minor in human nutrition focuses on the science behind nutrition. This includes how the body processes nutrients for energy, how nutrients play important roles in health and disease, and how nutritional needs change across the lifespan. This minor also includes the medical nutrition therapy sequence which provides students with a clear understanding of how nutrition can be used to prevent and treat diseases in a medical setting.

Knowledge obtained from this minor is useful for careers in the life sciences, biology, medicine, public health and health policy.

At a Glance

- **College/School:** College of Health Solutions
- **Location:** Downtown Phoenix campus

Program Requirements

Minor Map (Archives)
2022 - 2023 Minor Map

The minor requires a total of 18-19 credit hours. A minimum grade of "C" (2.00 on a 4.00 scale) is required for each course.

**Required Courses -- 19 credit hours**

- NTR 241: Human Nutrition (3)
- NTR 341: Medical Nutrition Therapy I (3)
- NTR 440: Advanced Human Nutrition I (3)
- NTR 441: Advanced Human Nutrition II (3)
NTR 444: Medical Nutrition Therapy II (3)  
NTR 446: Medical Nutrition Therapy III or NTR 450: Nutrition in the Life Cycle (SB) (3-4)

Prerequisite courses may be needed in order to complete the requirements of this minor.

Enrollment Requirements

GPA Requirement: None

Incompatible Majors: BAS in food and nutrition entrepreneurship, BS in dietetics, BS in food and nutrition entrepreneurship, BS in health sciences (healthy lifestyles and fitness science), BS in nutritional science

Other Enrollment Requirements: In order to enroll in the courses required for the minor, students must complete the following courses:

- BCH 361 Advanced Principles of Biochemistry
- BIO 201 Human Anatomy and Physiology I
- BIO 202 Human Anatomy and Physiology II
- CHM 101 Introductory Chemistry
- CHS 260 Health Professions Terminology

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and minor.

Career Opportunities

A minor can help students enhance the marketable skills they acquire in their major program and help them develop new skills apart from it, though most career areas do require more training than a minor alone can provide.

Graduates with a minor in human nutrition have enhanced knowledge of how food is digested and metabolized in the body. This information is valuable for those pursuing careers in the health and medical field.

Contact Information

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