Counseling and Applied Psychological Science, Minor

LSCAPSMIN

Would you like to promote mental well-being in organizations and help people cope with life's challenges? Gain basic counseling skills and techniques, and complement your major.

Description

Counseling and applied psychology coursework focuses on the promotion of psychological well-being. Students learn basic counseling skills and techniques to complement a variety of social science and health majors, including psychology, public health, interdisciplinary studies, social work and the humanities, among many others.

At a Glance

- College/School: College of Integrative Sciences and Arts
- Location: Polytechnic campus or Online

Program Requirements

Minor Map (Archives)
2022 - 2023 Minor Map

Required Courses -- 9 credit hours

- **CAP 120: Introduction to Counseling (SB)** (3)
- **CAP 220: Self in a Multicultural Society (C)** (3)
- **CAP 240: Counseling Skills** (3)
Electives (choose four courses) -- 12 credit hours

CAP 310: Addictions I: Foundations and Basic Principles (3)
CAP 315: Trauma and Crisis Intervention (3)
CAP 320: Theories of Counseling and Psychotherapy (3)
CAP 325: Professional Practice and Ethics in Counseling (3)
CAP 330: Group Counseling (3)
CAP 335: Addiction Group Counseling (3)
CAP 340: Multicultural Counseling Theory and Practice (3)
CAP 342: Community Outreach, Prevention and Intervention (3)
CAP 351: Issues in Assessment, Diagnosis and Treatment (3)
CAP 420: School Counseling (3)
CAP 440: Addictions II: Treatment, Recovery and Relapse Prevention (3)
CAP 494: Combat Trauma (3)
CAP 494: Counseling Military Veterans (3)
FAS 331: Modern Family Relationships (SB) (3)
FAS 370: Family Ethnic and Cultural Diversity (SB & C) (3)
JUS 305: Principles of Justice Studies (SB) (3)
PSY 315: Personality Theory and Research (SB) (3)
PSY 320: Learning and Motivation (3)
PSY 341: Developmental Psychology (SB) (3)
PSY 350: Social Psychology (SB) (3)
PSY 366: Abnormal Psychology (SB) (3)
PSY 369: Biology of Human Sexuality (3)
PSY 385: Psychology of Gender (SB) (3)
PSY 444: Adolescent Psychology and Psychopathology (3)
PSY 472: Clinical Psychology (3)

Prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** 2.00

**Incompatible Majors:** BS in counseling and applied psychological science

**Other Enrollment Requirements:** None

The minor in counseling and applied psychological science is open to all ASU undergraduate majors.
Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.

**Attend Online**

ASU Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program description and request more information [here](#).

**Career Opportunities**

A minor can help students enhance the marketable skills they acquire in their major, diversify their skills with training in another discipline, and improve their future job outlook. Although most careers require more training than a minor alone can provide, a minor in counseling and applied psychological science can add value for students who pursue careers in education, social work or health care.

**Contact Information**

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