

Integrative Health, Minor

NUIHLTMIN

Description

The integrative health minor program provides students with the foundational knowledge they need to approach health from a holistic perspective that focuses on the mind, body and spirit. This program provides an overview of holistic approaches and emphasizes research, evidence-based approaches and the legal, ethical, historical and cultural foundations of integrative health care.

At a glance

- **College/School:** [Edson College of Nursing and Health Innovation](#)
- **Location:** [Downtown Phoenix](#), [West Valley](#)

Program requirements

[2024 - 2025 Minor Map](#)

[Minor Map \(Archives\)](#)

This minor requires 18 credit hours. A "C" (2.00 on a 4.00 scale) or better is required in all courses.

Required Courses -- 15 credit hours

[HCR 241: Foundations of Integrative Health](#) (3)

[HCR 341: Biological, Manipulative, and Body-Based Therapies](#) (3)

[HCR 342: Mind-Body and Energy Therapies and Modalities](#) (3)

[HCR 343: Historical and Cultural Foundations of Integrative Health Care](#) (3)

[HCR 440: Interprofessional Approaches to Integrative Health Care](#) (3)

Elective -- 3 credit hours

[BIO](#) OR [CHM](#) Elective (3-4)

Prerequisite courses may be needed in order to complete the requirements of this minor.

Enrollment requirements

GPA Requirement: 2.00

Incompatible Majors: BS in integrative health

Other Enrollment Requirements: None

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major or the minor program. Courses taken for the minor may not count toward both the major and the minor.

Career opportunities

Minor programs allow students to develop additional competencies that complement the marketable knowledge and skills they acquire in their majors.

Although most career areas require more training than a minor can provide, students who complete the integrative health minor often pursue employment in an organization focused on health care.

Contact information

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