

Recreation Therapy, Minor

PPRECTMIN

Learn the basics of therapeutic recreation and develop specialized skills to facilitate activity-based interventions. The minor in recreational therapy will give you an edge with career opportunities.

Description

A minor in recreational therapy exposes students to the field of therapeutic recreation. They develop the knowledge to assess individuals, develop service plans, implement therapeutic interventions, and evaluate and document outcomes of care, supporting the wellness of their communities through therapeutic recreation.

Completion of the minor provides students with a portion of the requirements needed for eligibility to take the national certification exam through the National Council for Therapeutic Recreation

Certification: <https://nctrc.org/about-certification/ctrs-the-qualified-provider>.

At a glance

- **College/School:** [Watts College of Public Service & Community Solut](#)
- **Location:** [Downtown Phoenix](#)

Program requirements

[2024 - 2025 Minor Map](#)

[Minor Map \(Archives\)](#)

The recreational therapy minor requires completion of 18 credit hours: 6 credit hours of required courses and 12 credit hours of elective courses. Students seeking the national credential in therapeutic recreation should select electives from that list.

Core Courses -- 6 credit hours

RTH 364: Foundations in Recreational Therapy (SOBE OR SB) (3)

RTH 413: Leadership and Professional Development in Recreational Therapy (3)

Electives (choose 4 courses) -- 12 credit hours

Students interested in advancing knowledge in the field of therapeutic recreation and do not intend to seek eligibility for credentialing through the National Council for Therapeutic Recreation, pick 4 courses between elective classes and other elective classes. Students seeking the national credentialing through the National Council for Therapeutic Recreation (NCTRC), select four from Recreation Therapy elective list. (15)

Recreation Therapy Electives (students seeking national credentialing through the National Council for Therapeutic Recreation (NCTRC), select four courses from this list)

RTH 400: Intervention Techniques in Recreational Therapy (3)

Notes: Offered in spring semester only

RTH 406: Program Design and Administration in Recreational Therapy (L) (3)

Notes: Offered in spring semester only

RTH 440: Advocacy in Therapeutic Recreation (GCSI OR G) (3)

RTH 450: Therapeutic Recreation and Community Health (3)

Notes: Offered in spring semester only

RTH 455: Recreational Therapy and Play with Children, Youth and Families (3)

RTH 460: Assessment and Documentation in Recreational Therapy (3)

Notes: Offered in fall semester only

Other Recreation Electives (note that these courses do not meet certification requirements)

DST 101: Introduction to Disability Studies (CIVI OR C) (3)

NLM 310: Volunteer Management (CIVI) (3)

PRM 145: Special Events Management (3)

PRM 201: Introduction to Parks, Recreation and Sport Management (3)

RTH 394: Special Topics (3)

RTH 400: Intervention Techniques in Recreational Therapy (3)

RTH 406: Program Design and Administration in Recreational Therapy (L) (3)

RTH 440: Advocacy in Therapeutic Recreation (GCSI OR G) (3)

RTH 450: Therapeutic Recreation and Community Health (3)

RTH 455: Recreational Therapy and Play with Children, Youth and Families (3)

RTH 460: Assessment and Documentation in Recreational Therapy (3)

RTH 494: Special Topics (3)

Prerequisite courses may be needed in order to complete the requirements of this minor.

Enrollment requirements

GPA Requirement: 2.50

Incompatible Majors: BS in recreation therapy; BS in parks and recreation management (therapeutic recreation)

Other Enrollment Requirements: none

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major or the minor program. Courses taken for the minor may not count toward both the major and the minor.

Career opportunities

Minor programs allow students to develop additional competencies that complement the marketable knowledge and skills they acquire in their majors.

Graduates with a minor in recreational therapy can find opportunities in diverse settings, including recreation, therapy and hospital settings.

Contact information

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